



Heart of Eden

The News Magazine of the Benefice

November 2026

Blessed are
the Peacemakers,
for they
will be called
Children of God

Matthew 5: 9



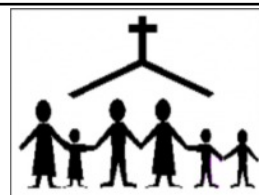
What's on this month in the Heart of Eden?

What's on?? What's on?? What's on?? What's on?? What's on?? ?? What's on??				
Date	Time	Place	Event	
31 October	16:00	St. Lawrence's, Appleby	Friends of St. L. – choral evensong	
1 st	18:00	Sands Methodist Church	Celebration	
3 rd	14:30	St. Lawrence's Church	Healing Service	
3 rd	10:00	Appleby Medical Practice	Citizen's Advice Bureau (bookable)	
3 rd	13:30 – 15:00	Sands – Eden Room	Singalonga Sands	
3 rd	19:00	Brampton Village Hall	Book Club	
3 rd	10 – noon	Temple Sowerby Victory Hall	Coffee Morning	
4 th	19:30	The Hollies, Asby	Asby Fellowship – John Bevan	
4 th	19:30	Brampton Village Hall	Brampton Ladies "Lunch"	
4 th	19:00	Dufton Village Hall	Open Circle – Fellside Flower Company	
4 th	10:30 – noon	Ormside Village Hall	Coffee Morning	
6 th	13:00 – 15:00	Sands Methodist Hall	Christmas Shoebox Packing	
6 th	19:00	Dufton Village Hall	EVTN Mrs Knox, etc.	
7 th	09:30 – 11:30	Public Hall Supper Room	Coffee Morning in aid of RBL Poppy Fund	
7 th	19:00	Colby Village Hall	Pub Night with Wine Tasting	
7 th	10:30 – noon	Milburn Village Hall	Village coffee morning	
8 th	10:50	Boroughgate to Parish Church	Remembrance Day Parade & Service	
9 th	19:30	Ormside Village Hall	Country Dancing	
10 th	18:30	Ormside Village Hall	Pie & Peas Dinner	
10 th	14:30 – 16:30	St. James, Temple Sowerby	Rainbow Café	
11 th	11:00	Arts Society	Arts Society – Apoleon & his Wallpaper	
11 th	10:30	Sands Methodist Church	Memory Club	
11 th	19:00	Brampton Village Hall	Eden Valley Woodturners	
12 th	19:30	Appleby Public Hall	Archaeology Group	
12 th	11:30 – 13:00	Warcop Parish Hall	Soup and Pud	
14 th	All Day	Appleby Public Hall	Northern Crafts Market	
14 th	09:30 – 11:30	Public Hall Supper Room	Coffee Morning	
14 th	10:30 – 11:45	Colby Village Hall	Coffee morning	
14 th	10:30 – 13:30	Long Marton Village Hall	Brunch'n'Lunch	
14 th	10:00 - 11:30	Warcop Parish Hall	Coffee Morning	
14 th	15:00 - 21:00	Ghyll Barn, Long Marton	Sing-along Bottomless Brunch, see p.12	
14 th	18:30 for 19:00	Ormside Village Hall	Pie, Peas and Pud	
14 th	19:00	Brampton Village Hall	Quiz Night	
14 th	19:00	St. Lawrence's	An Audio Visual Evening	
17 th	10:00	Appleby Medical Practice	Citizen's Advice Bureau (bookable)	
17 th	19:00	Brampton Village Hall	Film Night	
17 th	19:30	Ormside Village Hall	Craft Evening	
17 th	10 – noon	Temple Sowerby Victory Hall	Coffee Morning	
18 th	19:30	The Hollies, Asby	Asby Fellowship – Pat Bevan	
18 th	19:30	Long Marton Village Hall	Local History Group - Refugees pre-war	
19 th	Evening	Appleby Public Hall	Appleby (-in-Westmorland) Society	
19 th	19:30	Warcop Parish Hall	Remote Cinema – "Song Sung Blue"	
21 st	19:00	Appleby Public Hall	Lights, Camera, Appleby – "Sentimental Value"	
21 st	19:00	Dufton Village Hall	Highlights – Eleanor Duston & Gregor Black	
22 nd	11:00 – 15:00	Long Marton Village Hall	Christmas Market	
23 rd	19:30	Ormside Village Hall	Country Dancing	
24 th	10:30 – noon	Milburn Village Hall	Church coffee morning	
25 th	19:30	Colby Village Hall	Christmas Prize Dominoes Drive	
26 th	10:00 - noon	Sands Methodist Hall	Christmas Gifts, Crafts and Coffee	
27 th	19:30	Colby Village Hall	Christmas Prize Bingo	
27 th	19:00	Dufton Village Hall	Bingo In aid of St Cuthbert's Church	
27 th	19:30	Warcop Parish Hall	Christmas Bingo	
5 th Dec	19:30	Appleby Public Hall	Christmas Concert in aid of Hospice at Home	

Church of England:

Rector: **Rev. Andrew Burrell** (☎07778683820)

For Church of England baptism or wedding bookings contact Joanna Burgess, Benefice Administrator, email: support@heartofeden.org.uk, or ☎07831 991076



Methodist Minister: Rev John Morton johnmorton148@yahoo.co.uk or ☎017683 71202

Roman Catholic Priest (Our Lady of Appleby) **Fr. Stuart Chapple** ☎ 01768 862273



REMEMBRANCE

The month of November is significant for remembrance. All Saints and All Souls Days (November 1-2). Christian traditions where communities pray for, bless the graves of, and remember deceased loved ones and the "Holy Souls".

November 5th is celebrated across Great Britain as [Guy Fawkes Night](#) to mark the failure of the 1605

Gunpowder Plot.

A two-minute silence is observed at 11:00 am on November 11th to pause and reflect on the human cost of war.

And on a personal note, I remember the years 2013-18 when I was a full-time Methodist Minister based in Appleby, and experienced Storm Desmond in 2015. After moving to Blackpool in 2018, I retired four years later to live in Kendal with my wife Helen, but have recently taken up a part-time role (again in Appleby) but now with fewer churches to oversee.

Our happiest memories can bring a sense of nostalgia because they recall a particular joy which can never be repeated. There may be further joys in the future which will, in turn, become happy memories, but they can never be lived through in exactly the same way again. We will probably all have had the experience of revisiting a place where you had a happy time in the past – perhaps as a child – and hoping you could recapture something of the joy you remembered then. But we discover that everything has changed.

There are many instances in Scripture where the Lord called his people to remember something in the past so that it will affect their behaviour in the future.



If you go to Platform One in Paddington Station, London you'll see a man reading a letter. He's always there. You can stare at him for a bit. He's there to be stared at. On the fourth anniversary of the end of the Great War, 'Soldier reading a letter' – bronze standing on black marble was unveiled by the Board of the Great Western Railway in remembrance of the 3,312 men and women of the company who gave their lives for King and country.

Several years ago, to commemorate the centenary of World War I people were asked to write letters to the unknown soldier which were then published on the internet. The unknown soldier received 21,439 letters from people of all ages and nationalities. One of them reads as follows:

'Dear soldier – many times I have passed you as you stand patiently in that noisy bustling station, often I don't even see you. I know many of the people using the station don't see you either. But you stand, reading your letter, watching the world you fought so bravely for develop and change. What do you think of us I wonder? Was your sacrifice worth it? It may be that you see the sadness in people, the worry and the fear. Those two great wars that took the lives of so many people haven't changed human nature I'm afraid. Yes, there are still thieves and murderers; there are still those who seek power and control over others.

Do you despair for us, we who have no memory of the wars, who have not sent fathers, brothers, lovers to fight for us? Do not despair, do not think that it was all in vain.

You are not unknown to me.'

• SUE SHANNON JONES

When we think about it, we don't really need a Remembrance Day to hold a memory of someone we loved personally, however deep that love may be, because we love them and have our precious memories of them every day.

I have personal memories of ministering in Appleby, and I am hoping the experience I have gained since then will help me in doing so again as I begin this new appointment.

Rev. John Morton

Recent Church Registers

Baptisms

18th October
18th October
18th October

We welcome into the Lord's Family

Ariella-Mai Evans
Annie Leigh Drummond
Billy Edward Jenkins

St. Cuthbert, Milburn
St. Lawrence, Appleby
St. Lawrence, Appleby

Funerals

20th June
5th October
19th October
23rd October
28th October

May they rest in peace and rise in glory

*Hayley Louise Cooper
Thomas Richardson
Rita Graham
Laurina Marion Archibald
Gillian Hewetson

Eden Valley crematorium
St. Columba, Warcop
Eden Valley crematorium
Eden Valley crematorium
Eden Valley crematorium

*My apologies for the late inclusion of Hayley Louise Cooper. However, it raises a point. Being a church-based newsletter, it is relatively easy for me to source details of baptisms, weddings and funerals carried out in the cone of the churches of our area. Details of weddings and funerals officiated elsewhere are not so easy. If, however, you would like someone to whom you have a close connection to be included, please send me the details, and your connection to them.

Electronic copy by email is preferred; email address heart-of-eden-editor@hotmail.co.uk. Please identify the content in the email subject line and in the name of each attachment. It would help if you could please send any payments for advertising in envelopes clearly marked 'Advertising Manager'. Prices on application for commercial advertisements - payment in advance, please! We are very grateful for the very generous donations made by various groups and individuals towards the running costs of this Newsletter. The editor welcomes articles (and front cover photographs) for this magazine – relevant to the time of year, book reviews, travel articles, etc. We will accept 'Small Ads' (suitable for a Church Magazine), and they will cost £5 for up to 40 words. Please email anything to be included to the editor as above or write it on a piece of paper, with your address, and leave it in the Heart of Eden tray near the main church door of St. Lawrence's. Put an envelope, with a £5 note in it, and marked 'HoE Small Ad' and something to identify it, in the safe, which is straight ahead of you as you enter the church. **Most important, if you just leave hard copy in the church, tell the editor it's there, otherwise he won't know!** To be included in a particular edition of the newsletter, please do this before noon on the 14th as with other items. n.b. (1) please make cheques payable to 'The Heart of Eden Expenses Account' (2) let the editor know (☎07.401.425.430). On-line delivery of this newsletter is strictly by the editor's list of email addresses, or as a link from "A Church Near You" (<https://heartofeden.org.uk/>),

Church of England

St. Lawrence, Appleby with St. John, Murton cum Hilton



Churchwarden and Secretary: Jo Ayres (☎52017)

Friends of St. Lawrence choral evensong on the 31st October (if you're reading this before that).

If you missed that, try an Audio Visual Evening, with award winning photographers Les Ayres and John Tillotson. 7pm on the 14th - £5 entry fee - see poster p.12

St. Peter, Asby



Churchwarden: vacant

PCC lay chair: Denise Frisby ☎015396.23542

Secretary: Karen Royle ☎07966.371044

St. Cuthbert, Dufton



Churchwardens:

Mrs. Gillian Bryan ☎51414

Mrs. Pam Day

Secretary: Clementa Monedero

St. Michael, Kirkby Thore



Churchwarden:

Margaret Davidson ☎017683.61699

Church Warden and Secretary:

Maeve Moore ☎017683.62005

SS. Margaret & James, Long Marton



Churchwarden:

Mr. Lutaf Greenshaw ☎07802254982

Sing-along Bottomless Brunch!

Saturday 14th November 3pm-9pm, at Ghyll Barn, Long Marton.

£28 includes grazing table, free 90minute bar, DJ, singer.

For tickets email: leanonmebarco@yahoo.com

St. Cuthbert, Milburn



Churchwarden:

Mr. Leigh Harding ☎0333.014.3944

Secretary: Christine Braithwaite

St. Theobald, Musgrave & St. Columba, Warcop



Churchwarden Mark Blackett-Ord mblackett-ord@5sblaw.com

St. Edmund, Newbiggin



Churchwarden:

Mrs. M P. Sawrey-Cookson ☎017683.61574

Tim Whittaker

St. James the Less, Ormside



Churchwarden: Margaret Parry ☎0785.042.1343

Secretary: Richard Parry ☎07.401.425.430

National Churches Trust "Church of the Week"!

The first running water in 1000 years is on the way to our Church of the Week, St James in Great Ormside, Cumbria. The church dates back to at least the 11th century and is built on a Viking or earlier burial ground.

On the recommendation of the National Churches Trust, St James will receive a £10,000 grant from the Headley Trust to connect the church to a mains water supply, and add a tap, a mini-kitchen and a drainage system and an accessible toilet.

For the full article use this link (almost the last paragraph):

<https://mailchi.mp/c18691b47a52/join-us-for-carols-by-candlelight-4935042?e=780e193868>

St. James, Temple Sowerby



Churchwardens:

Angela Cleasby ☎07947379412

Laura Crackanthorpe ☎07470403623

Secretary:

Anne Farmer

☎017683.61770

Methodist Church:

Minister: Rev John Morton johnmorton148@yahoo.co.uk
or ☎017683 71202

Duffton with Knock Methodist Church



Secretary: Mrs. Avril Swinbank
email dacreandavril@gmail.com or
☎017683.53102

Sands Methodist Church



General Enquiries Linda Taylor on
email ljtaylor900@gmail.com
or ☎07969 555773

Give Love in a Box Christmas Shoe Boxes

Christmas Shoebox Packing Day is Friday 6th November 1pm - 3pm at Sands Methodist Church hall. Everybody is welcome to come along and help pack the boxes which is always an enjoyable time. Suitable for children ages 3 - 14, we still need soap, facecloth, toothbrush, toothpaste, hair brush or comb, notebook, colouring book, pencil case, pencil sharpeners, rulers and scarves (I have plenty of wool if you need some) and sweets (use by June 2027). Thank you - Anne Bell. b.annebell@btinternet.com

Christmas Gifts, Crafts & Coffee

At Sands Methodist Church we are holding our annual Christmas Coffee morning on Thursday 26th November from 10am - Noon. Entry is £3.50 to include Coffee and Seasonal Eats.

Everybody is welcome so come along for Good Value, Good Company and a Good Chance to pick up some Christmas goodies for friends and family.

Warcop Methodist Church



Secretary: Mrs. Glenda Burton on
email cotehouse@aol.com
or ☎017683.98067

Roman Catholic Church of Our Lady of Appleby, (Parish of St. John Boste)



Gartheads Road, Appleby

Fr. Stuart Chapple ☎ 01768 862273

St Anne's Hospital

Single ladies are welcome to apply to the Trustees via our Clerk who can provide further details about eligibility. Please feel free to make contact if you would like to know more, for yourself or a relative.

Please email: - info@thealmshousesappleby.org



News from the Area



Donations can be made at Appleby and Kirkby Stephen Co-Ops, and K.S. Spar shops during opening hours, also at the wheelie bins outside Sands Methodist Church on Appleby Sands **from 11 to 11:30 on Tuesdays and 10 to 10:30 on Fridays**

Should you know of any person or family in need of the food bank, please do get in touch, contact details below:

☎ : 07596 690 902 or Web:

www.upperedenfoodbank.org.uk

The organisations listed overleaf may also be helpful:

Citizens Advice Carlisle & Eden:

03300 563 037, or Facebook

Local Links, Kirkby Stephen: Mon & Wed, 10 - 12, 1-3pm
017683 71775,

Cumbria County Council Community Support:
01228 221100

Children's Society

If you want to support the charity, please take an empty box from the back of St. Lawrence's church, put your name and phone number on a piece of paper, in an envelope marked "The Children's Society", and put it in the safe so that I can contact you.
Thank you Lorna Atkinson



(Filling Station) Celebration

Meeting at Sands Methodist church at 6pm on the first Sunday of the month - 1st November

Welcome Inn Sanctuary

We meet every Tuesday afternoon, from 1pm to 3pm, in St. Lawrence's Church, Appleby as a place of companionship and healing with an opportunity for prayer and connection. We also have a private and confidential space available in our Lady Chapel if you would like to talk or pray with one of our team. We conclude with a short time of prayerful reflection. On the first Tuesday at 2.30pm we also hold a special 'service for healing' which is an opportunity to receive personal prayer for healing, for you or for someone you love. All are very welcome! We look forward to seeing you. As a church we believe that healing is not just about people being well; it is about human flourishing and that, whatever the state of our body, mind and spirit, all people are beloved of God.

For further information, or for prayer requests, you can email us on welcomeinnhh@gmail.com

Renew Wellbeing Café

Where it's ok to be not OK. An intentionally calm, shared space Free of charge All Welcome, everyone values Open to people of all faiths and none Each session starts and ends with a 5 - 10 minute meditation and



prayer, which we find helps wellbeing. You're welcome to join in or come after the prayer time and leave just before. We look forward to spending time with you. If you fancy it, bring a craft or hobby to do! But this isn't essential, sitting, chatting and listening is just as good. Our main priority is to look after our wellbeing, so do what is most comfortable for you. Come and go as you please. **Now removed to the Public Hall Supper room.** Includes lunch time. Every Friday 9:30 am to 2 pm. Contact Kristy Pattimore kristy@pattimore.com ☎07480.935119 See our ad. page 12

Citizens Advice Drop-in at Appleby



We're holding a drop-in session at Appleby Medical Practice on the first and third



Tuesday each month, from 10am to 1pm.

If you'd like advice on housing issues, getting the most from your energy, money or benefits, why not come and speak to our adviser.

Contact details: ☎0808.278.7844,
email Appleby@ca-ce.org.uk
or web <https://www.cac-e.org.uk/make-a-referral/>

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed. Contact Stan Rooke on ☎017683 52864.

Appleby Smarter.

Our hard working volunteers like a challenge and to see the difference made in a 2 hour session with all hands on deck! They also enjoy the aspect of meeting up and chatting with like minded friends. We tidy / brush / cut back / clean / paint all while chatting!



We would like to thank Age Concern Appleby for their support, which enables us to cover our costs, including buying tools etc.

Think you might like to join us? Get out and about? Become a bit more active? Make some new friends? Start volunteering? ... then here is your opportunity! Ring or email Mike for a chat -0775 192 4982

SingalongaSands

Lots of folk still enjoying this great chance to have a hearty sing and feel really uplifted. The inspirational Liz Ball heads it up with a swing and great enthusiasm and a good time is had by all. Come along at 1.30pm for a cuppa and a chat.

It is sponsored by the Dementia-friendly Community Musical Charity 'Lost Chord'. For more information, contact Linda Taylor on ☎07969 555773

Next Session Tuesday 3rd November.

Tourist Information Centre

It is no longer summer!

Our hours (until spring) are 10am-2pm Monday to Saturday. Please call in for a browse of local books postcards and beautiful locally made gifts.

Events and other information can be found at www.visitappleby.com for services and other information we provide. Social Media Facebook: Appleby Tourist Information Centre, Twitter/X @applebytown, Instagram @applebytic

Appleby Library

Opening hours now:

Monday, Wednesday and Friday, 9am to 12:30, 1:30 to 5pm and Saturdays 10am to 1pm

This library is closed on public and bank holidays.

And don't forget the library app. Try googling <https://www.westmorlandandfurness.gov.uk/news/2024/new-app-library-members-cumbria>

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on ☎07974788434



Visit our website at www.penrithredsquirrels.org.uk to donate. If you would like a talk for your club/group we can arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.

Public Hall Coffee Mornings

Appleby Public Hall Supper Room Saturdays - 9:30am to 11:30am

Date	In Aid of
7th	RBL Poppy Appeal
14th	???
14 th	all day - Northern Crafts Market

Town Council

Shop Front Grant Scheme

18 businesses in Appleby town centre have now received grants to make improvements to their shop fronts. The grants have been awarded by Appleby Town Council who launched a new grant scheme at the beginning of the year to help improve the look of the town centre.



At their Finance Committee meeting on 12th October, Appleby Town Council agreed unanimously to increase the budget for the scheme to meet the needs of the applications still being received. Cllr Pamela Davidson, Council Chair commented "I think we all agree that the scheme has been really

successful and has made a big difference to the appearance of the town centre. We should commend the businesses in town who have taken advantage of the grant scheme to carry out improvements to their premises and Bridge Street in particular is looking so much better."

The grant scheme will continue until the end of the year and any businesses who haven't yet applied, are encouraged to do so before this time. For an application form and guidelines, please email clerk@applebytown.gov.uk or pop into Appleby Tourist Information Centre.

Christmas Lights

As requested by Appleby's residents, we have created a Crowdfunder page to raise money for the town's Christmas Lights!

Appleby Council have pledged £2,000 towards the lights, and we have already had £600 donated by local businesses, as well as an anonymous donation of £320 from a resident.

<https://www.crowdfunder.co.uk/p/applebys-christmas-lights-2026>

Remembrance Day Arrangements

The Remembrance Day Parade and Service of Remembrance is taking place on Sunday 8th November. The parade sets off from the British Legion Club at 10.50am and marches down Boroughgate with a two minute silence at the Moot Hall at 11am. The Service of Remembrance starts in St Lawrence's Church just after 11am.

Christmas Cards in Appleby TIC

Appleby Tourist Information Centre have received their annual stock of Cards for Good Causes, Hospice at Home and Eden Animal Rescue Christmas Cards. These always prove to be very popular, so make sure you don't miss out!

Bus Talk

563 Penrith to Kirkby Stephen Bus Service

The 563 bus service between Penrith and Kirkby Stephen, operated by Stagecoach, runs from early morning to early evening Monday to Friday, with four journeys to and from Kirkby Stephen and six journeys to and from Appleby. The first weekday journey arrives in Penrith before 8.30 and there is a late afternoon departure at 16.10 and a final departure at 17.40 from Penrith. On Saturday there are four return journeys, all running between Penrith and Kirkby Stephen; the first journey arriving in Penrith at 10.53 and the final departure from Penrith being at 16.55.

The Sunday service which started on 19 July 2026, comprises 3 return journeys between Penrith and Kirkby Stephen; the first service arriving in Penrith at 11.25 and the final departure from Penrith being at 15.54. As of early October, an update is awaited about the future of this service from November (2026).



Timetables for the 563 service are available from Appleby TIC and online at stagecoachbus.com/563

561 Appleby to Kendal Bus Service

The 561 service operates on Wednesdays, leaving opposite Appleby Moot Hall at 09.30 and arriving at Kendal Bus Station at 10.30 and returning from Kendal at 13.30, arriving back at Appleby Moot Hall at 14.30.

The service is operated by Westmorland & Furness Council with a 16 seater minibus and although ENCTS permits are eligible the £3 fare cap does not apply, and normal ticket fares apply for anyone travelling without a permit.

Timetables for the 561 service are available from Appleby TIC and online - go to westmorlandandfurnesscouncil/bus-services

Extra Mile Bus Service

This bus service started on 14th September, covering an area based on Penrith and extending as far as Appleby, and is designed primarily - but not only - to transport people from locations not served by public transport to their nearest town.

It is a flexible and bookable service which is operated using minibuses by Westmorland and Furness Council. The service runs Monday to Saturday 7am to 7pm and Sundays 10am to 4pm. Each request will be matched up with similar requests from other people in the area. Pick up or drop off times will be offered plus the option to add a return journey. The single fare is £5; return fare £8; and is half price with concessionary passes.

More information is available from Appleby TIC and online - go to westmorlandandfurness.gov.uk and search for **The Extra Mile** under Parking, Streets and Transport

Community Wheels service

This service continues to operate on Fridays into/out of Appleby - to join the Community Wheels scheme, please call ☎0333.240.6965, then option 2, option 5 between 9am and noon and leave a message for "Rural Wheels"



Voluntary Social Car Scheme

This Scheme offers transport for a small charge to anyone in the community of Appleby and District who needs it (under 18s must be accompanied).

Appleby Council are currently coordinating the scheme, and new enquiries for transport can be made by phoning ☎017683.51177 Ex. 3 or by popping into the Tourist Information Centre in the Moot Hall.

The Voluntary Social Car Scheme for Appleby and District has over 160 potential users on its books, of whom at least 50 are active at any one time. But currently we can count the number



of available drivers on the fingers of one hand and more are urgently needed. Please ring the number above for more information on how to join this valuable service to the people of Appleby and district.

Appleby Edibles

Come and grow with us!

Who are we?

An inclusive group of gardening and nature enthusiasts who like to grow fruit and veg, socialise, and share skills in pleasant surroundings. Our members are of all ages and abilities, and we are happy to welcome members with health challenges. We enjoy a strong sense of connection with the environment.



Where are we?

At the far end of the former Appleby Heritage Centre site (near the railway station). There is free parking adjacent to the garden.

When are we open?

When you join Appleby Edibles you come up and garden whenever you like.

In the first instance please email

applebyedibles@hotmail.com or contact Annie Weir (Secretary) ☎07919 542143 and we can arrange for someone to meet you there and show you round.

Appleby Clubs, etc.

Appleby Society (formerly Appleby-in-Westmorland Society)

Something is happening in the evening of the 19th November but I don't know what. *Ed.*

Appleby Bowling Club

Appleby Bowling Club are looking for new members. The Club has superb green and clubhouse facilities. The Indoor Season starts in mid September, and continues to mid April.



Friendly games take place on most afternoons during the Winter (Indoors) starting at 2pm. There are numerous Internal Club Competitions throughout this time.

Presently an introductory Annual Membership fee for new members is £35.00 for adults.

Contact details:- Peter Metcalfe, Hon. Secretary, from whom further details may be obtained, on ☎01768 352306, or email: metcalfe6xy@btinternet.com

Appleby Rainbows, Brownies and Guides



Our team at Appleby Friends of Guiding and our leaders make everything run really smoothly. However, we are in need of more volunteers to help with our thriving units.

We particularly need volunteers for Rainbows on Thursday 5:00 - 6:15pm and Brownies Wednesday from 5:00 - 6:15pm. We are looking for people who could help either on a weekly basis or regularly on a rota basis.

You may be 18-20 and looking for some experience of working with children to help with your future career, or have a daughter at one of the groups and could be involved, we would welcome any younger/older siblings to join you, or a grandparent or trainee grandparent who has time and a wealth of experience to offer. If you feel you are able to support our units or want to come along and find out more, please contact me directly at kath1nunn@gmail.com Kathryn Nunn

Chair Appleby Friends of Guiding

Appleby Rainbows, Brownies and Guides



JOIN US



Meeting times:

1st Appleby Rainbows (age 5-7) Thursday 5:00-6:15pm

2nd Appleby Brownies (age 7-10) Wednesday 5:00-6:45pm

1st Appleby Guides (age 10+) Wednesday 6:15-7:45pm

We are always on the look out for adults to become a leader with any of these groups.

Message the group for more information:

kath1nunn@gmail.com

or  Appleby Rainbows, Brownies and Guides

1st Westmorland Scout group

We're still recruiting:

Beavers (6-8yrs)	alternate Thursdays
Shap Beavers	Tuesdays
Morland Cubs (8-10½ yrs)	alternate Thursdays
& Scouts (10-14yrs)	times on application.

We create stronger communities and inspire positive futures, by providing fun, friendship and adventure. Join as a young person or volunteer and help young people gain skills to succeed.

Contact: ☎/WhatsApp 0333 339 3710, or <https://edenscouts.org.uk> / 1stwestmorland@edenscouts.org.uk

Appleby Archaeology Group

Thurs. 12th: 7:30pm in Appleby Public Hall.

Altogether Archaeology began working at Gueswick Hills in Teesdale in 2019. During the 2026 excavation four trenches were opened. One was placed across what was believed (from the magnetometry survey) to be the entrance to the settlement. This was correct but what was discovered raised yet more questions. Tony Metcalfe chair Altogether Archaeology will give an overview of this enigmatic site to which they plan to return in 2027.

Previous years' excavations have proved that there was an Iron Age and Roman period presence on the site, with the settlement itself showing evidence (pottery, coin, spearhead, radiocarbon dates) of occupation in the Roman period. The inner ditch had fills dating to the 3rd century BC, whereas the outer (palisade) ditch had fills suggesting it was later in date, around the start of the first century AD. Thus, occupation at this site was clearly long-lived, covering at least 500 years from the middle Iron Age to the late Roman period, although the dating evidence was too sparse to confirm that this occupation was continuous.

Arts Society

Was Napoleon killed by his green wallpaper? lecturer: Lynne Gibson

Wed. 11th: 11am in Appleby Public Hall.

Lynne Gibson is an applied arts specialist with a focus on historical design, materials safety, and decorative culture. Her narrative combines practical insight with delightful depth.

This story begins in 1775, with a German chemist and his experiments with arsenic. The resulting powerful green reached its height of popularity when worn by "Queen of Fashion", Empress Eugénie. It was printed on wallpaper by Morris & Co. and was a favourite of plein-air artists, such as Monet, Cézanne and Vincent van Gogh, keen to capture the freshness of nature. But a century later, it was rebranded as rat-poison!

Appleby Christmas Concert ...in aid of Hospice at Home

7:30pm, Saturday 5th December in Appleby Public Hall, featuring Appleby Town Band, the Sun Singers, and Mark Stivvy Stephenson.

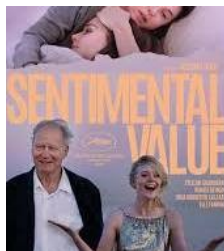
Tickets £10 (school children £1) includes wine and mince pies. Tickets from the Tourist Information Centre or pay at the door. Enquiries ☎017683.51177 - see also poster on page 14

Lights...Camera...Appleby

Sentimental Value (15)

Saturday 21st November 2026

This Norwegian film stars the ever popular Stellan Skarsgård in the main role of the preening auteur Gustav Borg. Sisters Nora and Agnes reunite with their estranged father, the charismatic Gustav, a once-renowned director who offers stage actress Nora a role in what he hopes will be his comeback film.



When Nora turns it down, she soon discovers he has given her part to an eager young Hollywood star. Suddenly, the two sisters must navigate their complicated relationship with their father - and deal with an American star dropped right into the middle of their complex family dynamics. There will be English subtitles.

We will serve a delicious Norwegian creamy fiskesuppe (fish soup) with garlic bread, followed by a traditional Norwegian waffle

with a berry compote and cream, lovingly cooked by members of our committee. Vegetarian option will be available.

Please book food tickets well in advance to avoid disappointment.

Tickets £13 for food and film. Film only tickets, £4. Doors open 6pm, food served 6.15-6.30pm. Film screening at 7pm. Pay bar, raffle and interval ice-cream from the Jersey Ice Cream Farm, Melkinthorpe.

Tickets from Appleby Tourist Information Centre or the Courtyard Gallery, Appleby. For further information please ☎07921489611 or email applebyremotecinema@btconnect.com

Upper Eden Linking Lives.

Loneliness and social isolation affect millions of people in the UK. These feelings can be overwhelming. People may lack confidence after an illness or a fall. They may have lost their partner, and their friends and family may live miles away.

Befriending is one of the most effective ways of combatting loneliness and social isolation.

A weekly visit or phone call can make all the difference to someone's quality of life.

We are a befriending service which helps tackle loneliness in the local area. We receive referrals from local organisations, family, friends and neighbours: people can even refer themselves.

We assist adults who require companionship, provided through weekly home visits or telephone calls. All our volunteers are fully trained and vetted before being matched up.

For information on volunteering or to refer someone, contact Sara on 0800 688 9984 or email at uppereden@linkinglives.uk



Memory Club in Appleby

Our only meeting date for November is on the 11th at Sands Church Hall. (We have an outing on 25th November and will not be meeting at Sands.)

All are welcome, particularly those with memory loss. There will be light refreshments, games, crafts, music and singing. For further information please contact:-

Anne ☎017683 51219; Tim ☎017683 52640

Appleby Probus Club

If you enjoy a good meal and interesting conversation, perhaps you might like to consider joining the Appleby Probus club.

A Probus club is an association of retired individuals that meets monthly for lunch in local restaurants. It is strictly non-political, non-denominational, gender-neutral, and does not raise funds. It is currently seeking new members!

You might like to know that the club also runs occasional trips to the theatre and local attractions. As an example, we recently visited the Threlkeld Mining Museum.

If you think that any of this might interest you, please drop a line to either Ian Rudd at ian.rudd70@icloud.com or Adrian Marsh at adrian.marsh@live.co.uk

Appleby Rotary Club

Appleby Rotary Club is supporting Physionet, a UK based humanitarian organisation dedicated to helping some of the most marginalised people in the world by supplying children and adults with disability equipment considered surplus or redundant in the

UK. Physionet supplied almost 8000 items of physiotherapy, paediatric equipment, wheelchairs, mobility items and some hospital hardware that would have normally ended in landfill.

If you have any surplus/redundant equipment please contact us and we will arrange collection.

Alastair Bell - Appleby Rotary Club on atbell@btinternet.com or ☎07970597536 / 017683 51547

Villages

Asby

Wed. 4th 19:30 The Hollies, Asby Asby Fellowship - John Bevan

Wed. 18th 19:30 The Hollies, Asby Asby Fellowship - Pat Bevan

Brampton Village Hall

Every Monday 19:00 Line Dancing

Every Thursday 18:30 Table Tennis

Tues. 3rd 19:00 Book Club

Wed. 4th 19:30 Brampton Ladies

Wed. 11th 19:00 Eden Valley Woodturners

Sat. 14th 19:00 Quiz Night

Tue. 17th 19:00 Film Night

Colby Village Hall

Sat. 7th 7pm Pub Night with Informal Wine Tasting from 8pm. Villagers, family and friends of the Hall welcome

Sat. 14th 10:30 - 11:45 Coffee Morning

Wed. 25th 7:30pm Christmas Prize Dominoes Drive

Fri. 27th 7:30pm Christmas Prize Bingo

Dufton

Village Hall Regular Weekly Events:

Mondays 10.45 - 12.30 Coffee Club

Fridays 9.30 - 11.30 Playgroup (term times only)

Special Events:

Wed. 4th 7pm Open Circle Fellside Flower Company (Emma Greenshaw)

Fri. 6th 7pm EVTN Mrs Knox and the Good Time Boys and Tom Stanley

Sat. 21st 7pm Highlights (*Sound Roots presents) Eleanor Duston & Gregor Black

Fri. 27th 7pm Bingo Excellent prizes. In aid of St Cuthbert's Church

***Sound Roots** brings a triple bill of wonderful musicians..... **Ceithidh Mac** blends cello and electronics with striking vocals; Glasgow duo **Eleanor Dunsdon and Gregor Black** fuse harp, percussion and genre-bending influences ; **Something Sleeps** deliver boldly reimagined harmony-rich songs rooted in tradition.



Tickets : www.highlightsnorth.co.uk / ☎07305029911

Long Marton

Come and use our village hall now there is lovely warm eco friendly heating. Ideal for starting a new activity, any enquiries please contact Christine at bookingslongmartonvi@gmail.com. Hire rates are from £8 per hour.

Saturday 14th 10.30am to 1.30pm - Brunch 'n' Lunch.

Sunday 22nd November 11am to 3pm - Christmas Market. Please come along to see the newly refurbished hall and to support us with our continuing programme of works.

Wednesday 18th November 7.30pm - Local History Group, speaker Dr Rob David - Refugees in Cumbria in the 1930s. If you would like any details please email Christine at longmartonlocalhistorygroup@gmail.com

Thursday evenings from 7.30pm - Craft and Chat. Details from Nicola on ☎62301

See poster page 12 about our bottomless brunch! All profits to the church.

Milburn

Village coffee mornings first Saturday of each month (7th). Church coffee mornings third Saturday of each month (24th), both 10:30 to noon.

Murton-cum-Hilton Institute

Badminton 7:30 - 10pm every Thursday. All abilities welcome. £2.

Ormside

Wed. 4th 10:30 to 12 Coffee Morning

Mon. 9th 7:30 to 9pm Country Dancing

Sat. 14th 6:30 for 7 Pie and Peas Dinner

Tue. 17th 7:30 to 9pm Craft Evening

Mon. 23rd 7:30 to 9pm Country Dancing

Fancy a game of Ping Pong?! We have a table tennis table at Ormside Village Hall. It's available to hire, at £6 per hour, including use of the hall for an hour, 4 bats and balls or BYO equipment. To book ring ☎07759011555

Temple Sowerby

Information on clubs, events, sports and exercise classes held in the village can be found on the website which is <https://templesowerbyvillage.co.uk/>

Coffee Morning is 10am - noon on the 1st and 3rd Tuesdays of the month at the Victory Hall. All are welcome

Rainbow Cafe is held on the second Tuesday of every month in Temple Sowerby Church from 2.30 to 4.30 pm (10th Nov.)

Warcop - Parish Hall

Mondays 6:30 - 8 Table tennis club

Thursdays 9 - 11am Foyer Café (post office 9 to 10)

Thu. 12th 11:30 - 13:00 Soup and Pud (£8)

Sat. 14th 10 - 11:30 Coffee morning

Thu. 19th 7:15 for 7:30 Film Night

Song Sung Blue (12A)

Thursday 19th November

Doors open: 7.15pm

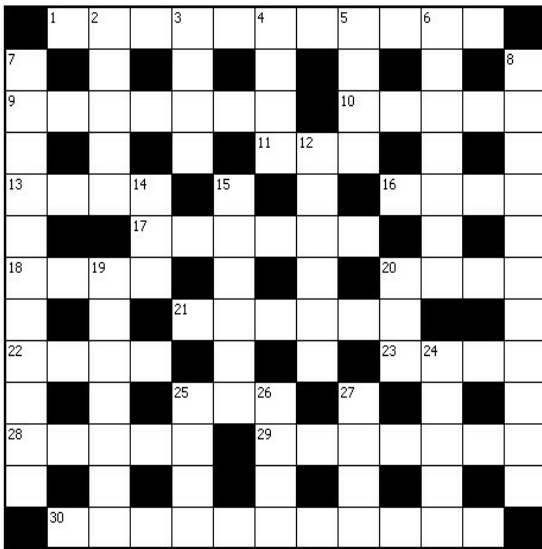
Screening: 7.30pm

Tickets on the Door £5

Refreshments Served

Fri. 27th 19:30 Christmas Bingo





Book Review

The Christmas Guest

By Kathryn Simmonds,
Starshine Books, £11.99

Discover again the message of Christmas with this beautiful retelling of a much-loved story. Full of kindness, compassion, and generosity, it's sure to warm your heart. A gorgeous Christmas gift for children ages 4 to 7 years.



In the old French city of Marseille, it's Christmas Day and Martin the shoemaker is waiting. He's expecting a very special guest, and his heart is full of hope and anticipation.

But as the hours pass, something extraordinary unfolds. Martin gives warmth to a shivering street sweeper. He shares a meal with a young mother in need. He places shoes on the bare feet of a little boy. He offers friendship to a lonely old woman who has no one.

And when night finally falls and his guest still hasn't come... Martin begins to wonder. Or has the Guest been there all along? A story of unexpected grace, quiet generosity, and the true heart of Christmas.

This looks good for a young child Ed.



Across

- 1 and 20 Down 'Lord of all __, Lord of all __, whose trust, ever child-like, no cares could destroy' (11,3)
- 9 Moses' question to a fighting Hebrew labourer: 'Why are you __ your fellow Hebrew?' (Exodus 2:13) (7)
- 10 Acclaimed cellist who contracted multiple sclerosis at the height of her fame, Jacqueline __ (2,3)
- 11 'At even __ the sun was set, the sick, O Lord, around thee lay' (3)
- 13 A descendant of Gad (xNumbers 26:16) (4)
- 16 'Do not leave Jerusalem, but __ for the gift my Father promised' (Acts 1:4) (4)
- 17 Clambers (Jeremiah 48:44) (6)
- 18 Peter's response to questioning by the Sanhedrin: 'We must __ God rather than men!' (Acts 5:29) (4)
- 20 Christian paraplegic author, artist and campaigner, __ Eareckson Tada (4)
- 21 Bird partial to the nests of other birds (6)
- 22 'Such large crowds gathered round him that he got into a boat and sat __' (Matthew 13:2) (2,2)
- 23 Infectious tropical disease (4)
- 25 Tree (3)
- 28 'No fear of me should __ you, nor should my hand be heavy upon you' (Job 33:7) (5)
- 29 For example, to Titus, Timothy or Philemon (7)
- 30 Week beginning with Pentecost Sunday, according to the Church's calendar (11)

Down

- 2 'O Jerusalem __ how __ I have longed to gather your children together' Matthew 23:37) (5)
- 3 Way out (4)
- 4 Exhort (Romans 12:1) (4)
- 5 Done (anag.) (4)
- 6 Highest of the four voice-parts in a choir (7)
- 7 Concerning the study of God (11)
- 8 Uniquely, it has Abbey, Cathedral and Chapel (11)
- 12 Admonish (Matthew 16:22) (6)
- 14 Frozen (3)
- 15 Established form of religious ceremony (6)
- 19 Inscription often found on gravestones (7)
- 20 See 1 Across
- 24 Behaved (Joshua 7:1) (5)
- 25 Time (anag.) (4)
- 26 Lists choice of meals (4)
- 27 'For the wages of sin is death, but the __ of God is eternal life in Christ Jesus our Lord' (Romans 6:23) (4)

SAVE THE DATE!

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JOIN US FOR AN AFTERNOON OF
GREAT FOOD, DRINKS, MUSIC, AND FUN
AT GHYLL BARN!

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SING-ALONG FAVOURITES
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SATURDAY 14TH NOVEMBER 3.00PM - 9.00PM

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£28 PER PERSON

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leanonmebarco@yahoo.com

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St Lawrence's Church
Appleby

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by two
Award Winning Photographers

**Les Ayres
&
John Tillotson**

(Both with international distinctions)

St Lawrence's Church, Appleby
Saturday, 14th November at 7pm
Admission £5 at the door
including interval refreshments.

All proceeds to St. Lawrence's Church.

Renew Wellbeing

Renew Wellbeing Cafe

Appleby Supper Room
(Above the Market Hall)

Fridays, 9.30am-2pm

Soup & Sandwich Lunch
Tea/Coffee/Biscuits

Free - donations welcome

Board Games & Jigsaws
Crafts
Quiet reflective space
Fun Dance & Movement
Chat
Community Choir

Come and go as you please

Renew Wellbeing Board on Facebook

Contact: Kristy Pattimore
kristypattimore.com
Tel. 07480 935119

Coffee Morning with Christmas crafts

at the Sands Methodist Hall
on Thursday 26th November

10 am till noon

Crafts, coffee and seasonal eats

£3.50

St Lawrence's Church
Appleby-in-Westmorland

Friends of St Lawrence's Church Annual Choral Evensong

sung by
Cumbria Choral Evensong Choir

Director: Vaughn Richardson
Organist: David T. Shingler

Saturday October 31st at 4.00pm

All are most welcome to join us for the Service

CUMBRIA CHORAL EVENSONG CHOIR

Westmorland & Furness Council

Do you need help with small jobs around your home?

Westmorland and Furness Council operates a Handy Person Scheme, offering eligible residents help with things like:

- Changing a lightbulb
- Putting up shelving
- Hanging curtains
- Installing handrails
- Small repairs, such as unblocking sinks or replacing a washer on a tap
- Fitting of minor security measures such as door and window locks

All work is carried out **free of charge** - you just provide the materials.

Assistance is available to over 65s, people who have a disability or are vulnerable who meet the eligibility criteria.

For more details about eligibility and how to request a job, scan the QR code or visit the website:
www.westmorlandandfurness.gov.uk/housing/handy-person-scheme

You can also call the Housing Standards Team on 01529 793161, email housingstandards@westmorlandandfurness.gov.uk, or write to: Housing Standards Team, Westmorland and Furness Council, South Lakeland House, Lowther Street, Kendal LA9 4DQ

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MINCE & ONION
CHEESE & ONION
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SATURDAY 14TH NOVEMBER 2026
ORMSIDE VILLAGE HALL

DOORS & BAR OPEN AT 6.30PM
PIES ON PLATES AT 7PM
TICKETS £10 PER PERSON

Includes a few games of Bingo!

Join us for Pie, Peas, Pickles & Pudding and a few games of Bingo - everyone welcome!

Tickets must be purchased in advance for this event (for catering purposes) and a deposit of £5 is required upon booking together with your choice of pie by noon on Monday 9th November

Please text Rachel on 07759 011555 to book

Proceeds go to upkeep of Ormside Village Hall

Are vicars slowly disappearing?

There are certainly some worrying statistics out there. Such as: There are 8,368 retired priests holding permission to officiate. But there are only 6,682 clergy in paid (stipendiary) positions, and 2,440 in self-supporting, unpaid roles. Nearly half of the current 6,682 paid priests are aged over 55. They all retire at 70. But numbers of new entrants in training dropped from 591 in 2020 to 442 by 2025. Where is this all headed? Worse case, by 2033, there could be only 5,400 full-time priests. That is 40 per cent of what the number was in 2000. These sobering predictions come in a recent report by the campaign group Save the Parish. It argues that the decline has left the C of E at real risk of no longer being "a Christian presence in every community." So, Save the Parish is calling on the C of E to "commit to a model that will support a young person in stipendiary ministry for their lifetime." It does not want a reduction in full-time paid clerical positions to save money, and it wants to lift the retirement age of 70. Also, the report says that the Church should measure ministers' success on the "numbers of lives touched, funeral by funeral, cup of tea by cup of tea".



Bible Bite

A short story from the Bible

It can be read in the Bible in
Lk 8:40-56, Mt 9:18-26, Mk 5:21-43

Jairus, a town leader, had a 12 year old daughter who was ill and about to die. He came to Jesus and knelt at his feet...

Please come! If you touch her she will be healed.

In the crowd was a woman who had been ill for 12 years.

Jesus felt power go out of him.

Jesus went with him.

If I touch his cloak I will be healed.

Who touched me?

Jesus waited...

She knelt at Jesus' feet and told him everything.

Go, daughter.. Your faith has healed you.

and the woman knew she had to tell him.

Then Jairus was told his daughter had just died.

But Jesus said

When they got to Jairus' house, it was filled with people mourning.

Don't be afraid, just believe and she will be healed.

She is not dead, but asleep.

They laughed at Jesus. He sent them out of the house.

Little girl, get up!

Her parents were amazed.

Give her something to eat, and don't tell anyone what has happened.

At once she stood up!

The gardener and the Vine

JESUS OFTEN TOLD STORIES WITH HIDDEN MEANINGS

ONCE HE TOLD HIS FRIENDS ALL ABOUT A GARDENER.

THE GARDENER'S JOB WAS TO CARE FOR THE VINES

HE WOULD LOOK AT EACH BRANCH CAREFULLY...

...AND IF IT WAS PRODUCING GOOD FRUIT, HE WOULD CARE FOR IT AND NOURISH IT.

IF IT WAS PRODUCING BAD FRUIT...

...OR NO FRUIT AT ALL...

...THEN THE GARDENER WOULD CHOP IT OFF, AND BURN IT IN THE FIRE!!

JESUS WANTED HIS FRIENDS TO SHARE THE GOOD NEWS - THAT'S LIKE THE VINE BEARING GOOD FRUIT.

YOU CAN READ THIS SPECIAL PARABLE IN JOHN'S GOSPEL, CHAPTER 15.

Yoga & Mindfulness classes - Suitable for all abilities

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Thur	Yoga	The Hub, Appleby	7pm - 8.45pm
Fri	Gentle Yoga & Mindfulness	The Hub, Appleby	10 - 11.30am

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Jo Chapman 07902718957

Email: jodufton@hotmail.com

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Between 2 and 4pm

Refreshments provided

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Relaxed space for everyone
Games, crafts, chat
followed by soup

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9:30-2
in Supper Room
Market Hall

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Filling Station

Celebration

Sands Methodist Church Appleby

6pm

Every First Sunday

Worshipping in Spirit and in Truth

ORGANIC

The Good Book Club

Reading the Bible for ourselves

A safe place to share thoughts and questions while learning from each other

Every Wednesday

12.30 - 2pm

Memorial Hall
Kirkby Thore

We also have a light lunch together

Everyone is welcome

**APPLEBY
CHRISTMAS CONCERT**

In aid of
 **Hospice
at Home**
CARLISLE & NORTH LAKELAND

Saturday 5th December 2026
7.30pm
Appleby Public Hall

Featuring:
Appleby Town Band,
Sun Singers, Mark Stivvy Stephenson

Ticket price £10
*Includes wine and mince pies
(£1 for school children)*

Tickets available from:
Appleby Tourist Information Centre or pay on the door
Tel: 017683 51177

 **Hospice
at Home**
CARLISLE & NORTH LAKELAND

Valley Court, Barras Lane, Dalston, Cumbria, CA5 7NY
Tel. 01228 475025
Website: www.hospiceathome.co.uk
Email: admin@hospiceathome.co.uk
Registered as a charity in England and Wales (1095708)

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We give free, up-to-date advice
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& Eden

**Coronavirus has made life hard for
many people. Citizens Advice Carlisle
& Eden is here to help.**

If you need help with benefits, work, debt and money,
housing, or more, please get in touch or look at useful
information available at www.citizensadvice.org.uk.

For Debt/Money advice or Foodbank referrals: 03300 563037

For help claiming Universal Credit: 0800 1448 444

For all other enquiries: 0800 278 7844

Email Advice:
Via Contact Us form on website;
www.ca-ce.org.uk

Webchat Advice
www.citizensadvice.org.uk

Check out our social media page
Twitter & Facebook;
@CarlisleEdenCA



Crossword Solution

	H	O	P	E	F	U	L	N	E	S	S	
T		F		X		R		O		O		W
H	I	T	T	I	N	G		D	U	P	R	E
E		E		T		E	R	E		R		S
O	Z	N	I		R		E		W	A	I	T
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L		P		I		N		F		E		R
	W	H	I	T	S	U	N	T	I	D	E	

Appleby Guide Hut

 **For Hire**

£12 per hour

Suitable for: one off events or regular meetings e.g. children's birthday parties, workshops, day and evening courses.

Facilities: Clean, bright, warm hall with toilets, fully equipped kitchen, stage, disabled access and toilet.

Contact: Pam Sharples - Pam.sharples@outlook.com 0756234560
or Kathryn Nunn kath1nunn@gmail.com 07717841723

All hire fees go towards supporting Appleby Rainbows, Brownies and Guides

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Wednesday 20th January
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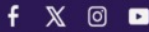
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**12 Battlebarrow,
Appleby-in-Westmorland
Telephone : 017683 51569**



Do you care about Youth?

WE NEED VOLUNTEERS! (but not every week!)

We are looking for friendly, reliable volunteers to help support our youth club in Appleby on Friday nights.

If you feel you could volunteer once a month, we would love to hear from you. Contact Leagh Wilkinson on ☎07934 609472 or ksatyouth@gmail.com

Church Services for November 2026

Church of England

Appleby, St. Lawrence,

Sun.	1 st	08:30	Holy Communion
Sun.	1 st	10:45	Lay led
Sun.	1 st	15:00	Lay led (for All Souls)
Tue.	3 rd	08:00	Morning Prayer
Fri.	6 th	10:00	Holy Communion
Sun.	8 th	10:45	United Service of Remembrance
Tue.	10 th	08:00	Morning Prayer
Fri.	13 th	10:00	Holy Communion
Sun.	15 th	10:30	Safeguarding Service
Tue.	17 th	08:00	Morning Prayer
Fri.	20 th	10:00	Holy Communion
Sun.	22 nd	10:45	Holy Communion
Tue.	24 th	08:00	Morning Prayer
Fri.	27 th	10:00	Holy Communion

Asby, St. Peter

Sun.	1 st	18:30	Holy Communion
Sun.	8 th	10:45	Lychgate Remembrance Service
Sun.	15 th	18:30	Café Church (<i>food for thought</i>)
Sun.	22 nd	11:00	Morning Prayer
Sun.	29 th	11:00	Advent Praise (and lunch)

Boroughgate, St. Anne

Mon.	2 nd	19:00	Compline
Thu.	5 th	09:00	Holy Communion
Thu.	12 th	09:00	Matins
Mon.	16 th	19:00	Compline
Thu.	19 th	09:00	Matins
Thu.	26 th	09:00	Matins

Dufton St. Cuthbert

Sun.	8 th	15:00	Remembring Service
Sun.	22 nd	11:00	Holy Communion

Kirkby Thore, St. Michael

Sun.	1 st	10:00	Breakfast Church
Sun.	8 th	11:00	Morning Prayer
Sun.	15 th	10:00	Breakfast Church
Sun.	22 nd	11:00	Holy Communion

Long Marton, SS. Margaret & James

Sun.	8 th	09:30	Holy Communion
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Milburn, St. Cuthbert

Sun.	1 st	10:45	Holy Communion
Sun.	8 th	10:45	Holy Communion
Sun.	15 th	10:45	Holy Communion

Murton, St. John

Sun.	8 th	10:30	Remembrance
Sun.	22 nd	15:00	Holy Communion

Newbiggin, St. Edmund

Sun.	1 st	11:00	Holy Communion
Sun.	22 nd	16:00	Evening Prayer

Ormside, St. James

Sun.	1 st	09:30	Matins
Sun.	8 th	09:30	Holy Communion (Common Worship)
Sun.	15 th	09:30	DIY
Sun.	22 nd	09:30	Holy Communion (1662 -BCP)

Temple Sowerby, St. James

Sun.	15 th	09:30	Holy Communion
Sun.	29 th	11:00	Benefice Holy Communion

Warcop, St. Columba

Sun.	1 st	09:30	Holy Communion
Sun.	8 th	10:55	Remembrance Service at war memorial
Sun.	15 th	09:30	Holy Communion
Sun.	22 nd	09:30	Morning Prayer

Methodists

Sands, Appleby

Sun.	1 st	10:30	Mrs. Penny Hilland
Sun.	8 th	10:45	United Remembrance Service at St. Lawrence's
Sun.	15 th	10:30	Rev. Mike Chaldcott
Sun.	22 nd	10:30	Mr. Donald Marston
Sun.	29 th	10:45	Mr. David Askew

Dufton with Knock

Sun.	1 st	10:45	Mr. Will Ousby
Sun.	8 th	10:45	Mr. S. Woof
Sun.	15 th	10:45	Informal Service
Sun.	22 nd	10:45	Rev. Jackie Betts
Sun.	29 th	10:45	Mrs. Pam Carter

Warcop,

Sun.	1 st	10:30	Informal Service
Sun.	8 th	10:55	United Service at War Memorial
Sun.	15 th	10:30	Holy Communion (Rev. John Morton)
Sun.	22 nd	18:30	Mr. Ian Stewart
Sun.	29 th	18:30	Rev. Jackie Betts

Roman Catholic Church of Our Lady of Appleby

Sunday Mass 4pm (Sacrament of Confession available from 3.30pm) , followed on the first Sunday each month by tea and refreshments
 Weekday Mass Tuesdays 12noon (changeable, check Newsletter and Parish Website:
www.stjohnboste.org.uk)