

Heart of Eden - November 2024

The News Magazine of the Benefice



from the council, local voluntary organisations, clubs and associations, buses and trains, events at the villages of the Mid-Eden Valley, and we are partly supported by the advertisements which follow the news items.

What's on this month in the Heart of Eden?

Date	Time	Place	Event
2 nd	9:30 – 11:30	Public Hall Supper Room	Coffee Morning in aid of Save the Children Fund
2 nd	10:30 – noon	Milburn Village Hall	Village coffee morning
3 rd	6 pm	Sands Methodist Church	The event formerly known as Filling Station (!)
3 rd	7:30pm	Warcop Parish Hall	Warcop & Sandford WI
5 th	2:30pm	St. Lawrence, Appleby	Healing Service in Lady Chapel
5 th	7:30pm	Brampton Village Hall	Book Club
5 th	10am	Temple Sowerby Victory Hall	Coffee Morning
6 th	7:30pm	The Hollies, Asby	Asby Fellowship – Andrew Sterling
7 th	11:30 – 1 pm	Warcop Parish Hall	Soup and Pud
8 th	7:30pm	Hub	Highlights – Moscow Drug Club
9 th	9:30 – 11:30	Public Hall Supper Room	Coffee Morning in aid of Women's Section, RBL
9 th	10 -12:30	Dufton Village Hall	Coffee morning in aid of St Cuthbert's
9 th	10:30 – noon	Long Marton Village Hall	Coffee, books, chat, bacon butties
9 th	10 – 11:30am	Warcop Parish Hall	Coffee Morning
11 th	2 – 4pm	Public Hall Supper Room	Evergreens
11 th	7:30pm	Ormside Village Hall	Country Dancing
12 th	2:30 - 4:30	St. James, Temple Sowerby	Rainbow Cafe
13 th	7:30pm	Public Hall Supper Room	Appleby Archaeological Group – Gamelands Stone Circle
13 th	10:30am	Public Hall Supper Room	The Arts Society – Prehistoric Orkney
13 th	10:30	Sands Methodist Church	Memory Club
13 th	7 pm	Brampton Village Hall	Eden Valley Woodturners
13 th	2pm	Long Marton Village Hall	Carpet Bowls
13 th	10:30 – 12	Ormside Village Hall	Coffee Morning
14 th	Noon	The 3 Greyhounds, Asby	Asby Lunchers
14 th	6:30pm	Brampton Village Hall	Table Tennis
14 th	-15 th 7pm	Warcop Parish Hall	Pantomime (O yes it is!)
16 th	9:30 – 11:30	Public Hall Supper Room	Coffee Morning in aid of Westmorland Wanderers
16 th	7pm	Public Hall	Lights, Camera, Appleby – One Life
16 th	10:30 – noon	Milburn Village Hall	Church coffee morning
17 th	1:30pm	Public Hall Supper Room	Appleby-in-Westmorland Society – Stone Walls
18 th	10:30 – noon	Colby Village Hall	Coffee morning
18 th	10am – noon	Appleby Library	Cancer Support drop-in
19 th	7 pm	Brampton Village Hall	Photography and Slides
19 th	7:30pm	Long Marton Village Hall	Jazz Night
19 th	7:30pm	Ormside Village Hall	Craft Evening
19 th	10am	Temple Sowerby Victory Hall	Coffee Morning
20 th	7:30pm	The Hollies, Asby	Asby Fellowship – Donald Marston
20 th	7:30pm	Brampton Village Hall	Village Social
21 st	7:30pm	Brampton Village Hall	Table Tennis
21 st	7:30pm	Warcop Parish Hall	Film – Wicked Little Letters
22 nd	7:30pm	Warcop Parish Hall	Bingo
24 th	11 – 3:30	Long Marton Village Hall	Christmas Market
25 th	2 – 4pm	Public Hall Supper Room	Evergreens
25 th	7:30pm	Ormside Village Hall	Country Dancing
27 th	2pm	Long Marton Village Hall	Carpet Bowls
27 th	10:30 – noon	Ormside Village Hall	Coffee Morning
28 th	10:30 – noon	Sands Centre	Christmas Coffee Morning
29 th	7:30pm	Appleby Public Hall	Highlights – Mohand and Peter
30 th	All day	Appleby Public Hall	Northern Crafts Market
30 th	10:30am	Knock Mission Room	Great Knock Bake-off
30 th	7:30 pm	Ormside Village Hall	Cheese and Wine

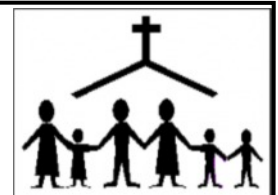
Church of England:

Rectors: Rev. Fran Parkinson (☎07547791315) & Rev. Andrew Burrell (☎07778683820)

For (C of E) baptism or wedding bookings contact Joyce Keetley, Office Manager, email: applebymc@carlisle-diocese.org.uk See also article later in newsletter

Methodist Minister: Rev. Andrew Sterling: ☎ 017683 51244

Roman Catholic Priest (Our Lady of Appleby) Fr. J. Winstanley ☎ 01768 862273



Remembrance

There hasn't been one day in over two hundred years without some kind of war on earth. Political, tribal, religious, territorial, civil, regional and global wars. We've had a "seven day" war, a "thousand day" war and wars that have lasted a "thousand years" or more. Some wars have cost the lives of a handful of people while others have taken the lives of tens of millions. Overall, it appears the very nature of mankind is to wage war. Referring to World War I, the hopeful phrase "War to End All Wars" was a short lived misnomer. Clearly, these are the days spoken of in the scriptures: "And they shall hear of wars, and rumours of wars. Behold I speak for mine elect's sake; for nation shall rise against nation, and kingdom against kingdom; there shall be famines, and pestilences, and earthquakes, in divers places. And again, because iniquity shall abound, the love of men shall wax cold; but he that shall not be overcome, the same shall be saved." (Matthew 24:28-30)



1918 marked not only the end of World War I, but the end of at least three other wars that had been raging simultaneously: The Southern China Revolt, The Second Sino-Tibetan War and the Finnish Civil War. Not a breath had been taken before three new wars emerged in 1919; The Third Anglo-Afghan war, The Hungarian-Romanian war and the Spartacist Rising in Germany, wars few of us had any idea existed. In 1920, there were ten concurrent wars raging, some of which started well before World War I and some that ended well after. That's how it's been for the past two hundred years or more. Back to back battles overlapping each other as though it were a race to end the existence of mankind.

Remembrance Sunday falls on the Sunday nearest the 11th November when the first world war ended in 1918.

"Blessed are the peacemakers, for they will be called children of God!" (Matthew 5.9)

Today we try to remember. We remember the victims of war and all those who have died to help bring freedom and to help make the world a better place to live in. But today is also a stark reminder that our world is deeply broken and divided because of human violence.

For the Christian, Remembrance Day also presents a unique opportunity for us to meditate on the way of peace. God calls us to look to Jesus, who is the Prince of Peace.

In the life and teachings of Jesus we see that God establishes peace in his world in an unconventional way. Jesus does not enter into physical battle in order to defeat the enemies of God. Instead, Jesus chooses the way of non-violence. Jesus lays down his life and dies at the hand of God's enemies in order to defeat evil. Only then does God raise Jesus from the dead in the victory over sin and death. In the person of Jesus we see the perfect example of humble obedience, sacrificial love, and life-giving peace. With this in mind, Jesus words in John 20.21 come into sharp focus: "Peace be with you. As the Father has sent me, even so I am sending you." We are God's sent ones, ambassadors for Christ, commissioned by the Holy Spirit to announce the good news of God's peaceable kingdom. But what is more, we are called to embody God's peace in the world. God is leading us to be his peacemakers.

So on this day of "remembrance" let us seize the opportunity and prayerfully take to heart the radical message of the Prince of Peace and follow his way of reconciling love. Let us discern together the ways in which God is calling us to be peacemakers in his world.

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. Hate multiplies hate, violence multiplies violence, and toughness multiplies toughness in a descending spiral of destruction.... The chain reaction of evil - hate begetting hate, wars producing more wars - must be broken, or we shall be plunged into the dark abyss of annihilation." Martin Luther King Jr.

Today we especially 'remember' those who have given their lives through war in service of our country. They have left home and family often to foreign lands in the search of justice, freedom and peace; the effects of which we feel in our society today. The world could have been a very different place for us without their sacrifice, which cannot and should not be forgotten.

The memories we recall this Remembrance Sunday should spur us forward in the search for true harmony and peace throughout the world. As the Lord commanded the apostles to "Do this in memory of me" we gather this day praying for the graces of the great sacrifice of Calvary to engulf the whole world that we may live in the harmony for which Christ prayed; and to our fallen we say "We will remember them".

Rev'd Shirley Murphy, Priest in Church in Wales in St Davids Diocese Blog - www.revshirleymurphy.co.uk Email revshirleymurphy@gmail.com

Church Registers, September 2024

Baptisms - We welcome into the Lord's Family:

8 th	Melissa Idle Hall	St. John's Murton
15 th	Harper Louise Horn	SS. Margaret & James, Long Marton
22 nd	Autumn and Archie Harker	St. John's Murton
22 nd	Emmie Jacqueline Wilson	St. James' Ormside
6 th (October)	Anna Millie Stables	St. Lawrence, Appleby

Appleby Marriage - We congratulate

14 th	Dylan Jones and Gemma Heelis	St. Columba, Warcop
21 st	Patrick Robinson and Saskia Wormleighton	St. James, Temple Sowerby

Funerals... May they rest in peace and rise in glory

3 rd	Thelma Turner	St. Lawrence, Appleby
4 th	Cyril Trevaskis	St. Cuthbert, Milburn
10 th	Irene Martinez	St. Lawrence, Appleby
9 th	Dons Evelyn Slack	St. John, Murton

Electronic copy by email is preferred; email address heart-of-eden-editor@hotmail.co.uk. Please identify the content in the email subject line and in the name of each attachment. It would help if you could please send any payments for advertising in envelopes clearly marked 'Advertising Manager'. Prices on application for commercial advertisements - payment in advance, please! We are very grateful for the very generous donations made by various groups and individuals towards the running costs of this Newsletter. The editor welcomes articles (and front cover photographs) for this magazine – relevant to the time of year, book reviews, travel articles, etc. We will accept 'Small Ads' (suitable for a Church Magazine), and they will cost £5 for up to 40 words. Please email it to the editor as above or write it on a piece of paper, with your address, and leave it in the Heart of Eden tray near the main church door of St. Lawrence's. Put an envelope, with a £5 note in it, and marked 'HoE Small Ad' and something to identify it, in the safe, which is straight ahead of you as you enter the church. To be included in a particular edition of the newsletter, please do this before noon on the 14th as with other items. n.b. (1) please make cheques payable to 'The Heart of Eden Expenses Account' (2) let the editor know (07.401.425.430). On-line delivery of this newsletter is strictly by the editor's list of email addresses, or as a link from "A Church Near You" (<https://heartofeden.org.uk/>),

St. Lawrence, Appleby with St. John, Murton cum Hilton



Churchwarden and Secretary: Jo Ayres (☎52017)

St. Peter, Asby



Churchwarden: vacant

PCC lay chair: Peter Miller ☎51707

Secretary: Karen Royle ☎ 07966.371044

I hope you didn't miss the Wycliffe Bible exhibition on 27th October!

St. Cuthbert, Dufton



Churchwardens:

Mrs. Gillian Bryan ☎51414

Mrs. Pam Day

Secretary: Mrs. Louise Stewart

St. Michael, Kirkby Thore



Churchwarden:

Margaret Davidson ☎017683.61699

Church Warden and Secretary:

Maeve Moore ☎017683.62005

SS. Margaret & James, Long Marton



Churchwarden:

Mr. Lutaf Greenshaw ☎07802254982

St. Cuthbert, Milburn



Churchwarden:

Mr. Leigh Harding ☎ 0333.014.3944

Secretary: Christine Braithwaite

St. Theobald, Musgrave & St. Columba, Warcop



Churchwarden Mark Blackett-Ord mblackett-ord@5sblaw.com

St. Edmund, Newbiggin



Churchwardens:

Mrs. M P. Sawrey-Cookson ☎017683.61574

Tim Whittaker

St. James the Less, Ormside



Churchwarden: Margaret Parry

Secretary: Richard Parry

both ☎017683.51043

St. James, Temple Sowerby



Churchwardens:

Angela Cleasby ☎07947379412

Laura Crackanthorpe ☎07470403623

Secretary:

Anne Farmer ☎017683.61770

Rainbow Cafe is held on the second Tuesday of every month (12th November) in Temple Sowerby Church at 2.30 to 4.30 pm

Our Sister Churches

Methodist Church:

Minister: Rev. Andrew Sterling.

email andrew.sterling@methodist.org.uk ☎017683.51244

Dufton with Knock Methodist Church



Secretary: Mrs. Avril Swinbank

email dacreandavril@gmail.com or ☎017683.53102

Sands Methodist Church



General Enquiries Alastair Kirkpatrick on

email am.kirkpatrick@yahoo.com

or ☎017683.51184

Following on from last year's great success, we are holding a CHRISTMAS COFFEE MORNING on Thursday 28th November from 10.30 - Noon, with handmade cards, gifts and novelties just right for the season. Together with Coffee and a time to chat, what better way to spend a morning?

Warcop Methodist Church



Secretary: Mrs. Glenda Burton on

email cotehouse@aol.com

or ☎017683.98067

Roman Catholic Church of Our Lady of

Appleby, (Parish of St. John Boste)



Gartheads Road, Appleby

Fr. John Winstanley ☎ 01768 862273

St. Anne's Hospital (aka Lady Anne's Almshouses)



Every Tuesday morning throughout the year (except August) there is a short morning service (matins) at 9.15am in the lovely little Chapel in the courtyard where all visitors are very welcome to join us. Holy Communion is on the first Tuesday of the month. Other services

occasionally, see back page.

Tours of St Anne's Hospital

For a donation to our Garden Fund, groups or individuals can have a look round a cottage, a talk in the courtyard and Chapel and a tour of our gardens.

To book, contact Valerie Kendall ☎017683 53159; email: vkendall@live.co.uk or 7, St Anne's Hospital, Boroughgate, Appleby-in-Westmorland, CA16 6XQ

News from the Area

Cancer Information and Support in Eden

"Come for Coffee" drop-in sessions are now taking place in the **Appleby Library**, Low Wiend, CA16 6QP on the 3rd Monday of the month (18th November) from 10am to noon."(excluding bank holidays). Anyone affected by cancer is welcome (whether patients, relations or carers of any age). If you require any further information regarding the meetings please telephone Rosie on ☎017683 52263 or Jackie on ☎017683 52277.



Upper Eden Food Bank
A church led, community fed project

Donations can be made at Appleby and Kirkby Stephen Co-Ops, and K.S. Spar shops during opening hours, also at the wheelie bins outside Sands Methodist Church on Appleby Sands from 11 to 11:30 on Tuesdays and 10 to 10:30 on Fridays

Additionally, should you know of any person or family in need of the food bank, please do get in touch, contact details below:

☎: 07596 690 902

f: [upperedenfoodbank](https://www.facebook.com/upperedenfoodbank)

Web: www.upperedenfoodbank.org.uk

These may also be helpful:

Citizens Advice Carlisle & Eden:

03300 563 037, or Facebook

Local Links, Kirkby Stephen: Mon & Wed, 10 - 12, 1-3pm
017683 71775,

Cumbria County Council Community Support:
01228 221100

Filling Station

Lots of things have changed here, but it's a bit of a stop press announcement. Basically in future it will beat Sands Methodist church at 6pm on the first Sunday of the month (starting 3rd

November) and it's name will be what Dan says it is when he's decided!

Renew Wellbeing Café

Where it's ok to be not OK. An intentionally calm, shared space Free of charge All Welcome, everyone values Open to people of all faiths and none Each session starts and ends with a 5 - 10 minute meditation and prayer, which we find helps wellbeing. You're welcome to join in or come after the prayer time and leave just before. We look forward to spending time with you. If you fancy it, bring a craft or hobby to do! But this isn't essential, sitting, chatting and listening is just as good. Our main priority is to look after our wellbeing, so do what is most comfortable for you. Come and go as you please. **Now removed to the Public Hall Supper room.** Includes lunch time. Every Friday 9:30 am to 2 pm. Contact Kristy Pattimore kristypattimore.com ☎07480.935119



Wellbeing Wednesdays

Wellbeing Wednesdays

An opportunity to meet with others and share your interests

Do you fancy chatting over coffee and cake, sharing hobbies or just a bit of company?

Pop along and join us

Kirkby Thore Memorial Hall
Every Wednesday
Between 2 and 4pm

Refreshments provided

The Welcome Inn!

It has been so lovely to meet and pray with those of you who have dropped into our 'Welcome Inn' since its launch last year.



We are open every Tuesday afternoon, from 1pm to 3pm, in St Lawrence's Church, Appleby as a place of companionship and healing with an opportunity for prayer and connection.

We also have a private and confidential space available in our Lady Chapel if you would like to talk or pray with one of our team. Once a month – on the first Tuesday at 2.30pm (5th November) - we will also be holding a special 'service for healing' which is an opportunity to receive prayer and anointing, for you or for someone you love.

All are very welcome! We look forward to seeing you.

As a church we believe that healing is not just about people being well; it is about human flourishing and that, whatever the state of our body, mind and spirit, all people are beloved of God.

For further information, or for prayer requests, you can email us on welcomenhh@gmail.com

Citizens Advice Carlisle and Eden Volunteers needed

Citizens Advice Carlisle and Eden (CACE) is here to help local people with any problems they may be experiencing. In the last year CACE has provided free, confidential, independent advice and



support on matters including employment, debt, benefits, housing, energy and consumer affairs to around 5,000 people.

Locally, we rely on a team of committed volunteers in a number of roles. To support our work we now want to recruit:

Digital Advisors: to work with clients by email and on the phone to provide advice across a wide range of issues.

Energy Advisers: to work with clients on the phone to give information and advice on dealing with problems people are having with their energy suppliers and bills

No special experience is required but volunteers should be good communicators and non-judgemental, be prepared to undertake a rigorous training programme, have good IT skills and able to commit to one day a week of volunteering.

If you are interested full details and how to apply can be found at: <http://www.ca-ce.org.uk/> or email volunteer-recruitment@ca-ce.org.uk with a daytime phone number so we can call you for a chat

Inner Wheel

We have two manual wheelchairs for temporary use by local people. They are kept at my house, 15 Boroughgate, and can be borrowed for a nominal deposit of £10. If the borrower cares to make a donation to Inner Wheel Charities after the loan, that would, of course, be welcomed.

Contact Stan Rooke on ☎017683 52864.

Appleby Smarter.

The Appleby Smarter group meets once a week (Monday afternoon) for a couple of hours to help keep our lovely town looking nice.

We would like to thank Appleby Town Council and Age Concern Appleby for their support of our group.

- Think you might like to join us?
- Get out and about?
- Become a bit more active?
- Make some new friends?
- Start volunteering?

- then here is your opportunity!

Ring Mike for a chat on ☎0775 182 4982

or email applebysmarter@gmail.com

Tourist Information Centre

N.B. Opening hours until spring:

10 - 2 Monday to Saturday

We have a lot of visitors who would like to join in with local events, so if you send the TIC a poster we will advertise your event on Facebook and put it out on our A-board.

Anyone wishing to confirm a coffee morning at The Supper rooms, Market Hall, Appleby for 2024 Please get in touch with Alison Taylor at Appleby TIC ☎017683 51177 ext. 2 or tic@applebytown.org.uk.

We have lots of local books, and locally made craft items by Eden artisans. Come in and browse! Opening Hours are currently Monday - Saturday 10am till 2pm.

Website: www.visitappleby.co.uk Twitter/X: @applebytown

Facebook: Appleby Tourist Information Centre



Appleby Library

Opening hours now:

Monday, Wednesday and Friday, 9am to 12:30, 1:30 to 5pm
and Saturdays 10am to 1pm

And don't forget the new library app. Try googling <https://www.westmorlandandfurness.gov.uk/news/2024/new-app-library-members-cumbria>

Penrith and District Red Squirrel Group

Your native red squirrels need you! Become a member of Penrith and District Red Squirrel Group for £20 a year. If you see a grey or sickly red please ring Gary Murphy on ☎07974788434

Visit our website at

www.penrithredsquirrels.org.uk

to donate. If you would like a talk for your club/group we can

arrange them. Coffee mornings and other fundraising events would also help. Find us on Facebook.



Public Hall Coffee Mornings

Appleby Public Hall, Supper Room Saturdays
- 9:30am to 11:30am

Date **in aid of**

2nd Save the Children Fund
9th Women's Section R.B.L.
16th Westmorland Wanderers
30th Liberal Democrats

also Northern Crafts Market all day



Relief Caretaker Needed

Appleby Town Council currently have a vacancy for a Relief Caretaker for the Public Hall. This role involves the following:

- Opening and closing up the hall.
- Setting up rooms for users of the hall.
- Ensuring rooms are clean and tidy for next users.

The role would initially be weekends only, although some flexibility to work mid-week may be required, as well as providing holiday cover for the Caretaker.

Would ideally suit someone who lives in Appleby.

Rate of pay £12.29 per hour (based on new pay scales for 2024).

Anyone interested in applying, should email clerk@applebytown.gov.uk in the first instance.

Do you need help with small jobs around your home?

Westmorland & Furness Council operates a Handyperson Scheme, offering eligible residents help. This services is available to over-65s, who have a disability or are vulnerable and includes things like:

Changing lightbulbs, putting up shelves, hanging curtains, installing handrails, small repairs like unblocking sinks or fitting minor security measures to doors and window locks.

All work is carried out free of charge, you just provide the materials.

For more details, visit the website at www.westmorlandandfurness.gov.uk/housing/handy-person-scheme or phone the Housing Standards Team on 0300 373 3300

Extraordinary Parish Meeting

Following a request received from residents via the Appleby Community Fair Group, Appleby Council will be holding an Extraordinary Parish Meeting at 6.30pm on Wednesday, 4th December in the Public Hall to discuss the use of Fair Hill during Appleby Horse Fair. This meeting is open to all electors of Appleby.

Black & White bollards

Appleby Council have now completed the installation of 220 new bollards on the Butts side of the river, both sides of Boroughgate and the War Memorial.

The next phase of the project hopes to replace the bollards on the Sands side of the river.

Keeping Dogs on Leads

Appleby dog owners are being reminded to keep their dogs on leads where the Public Spaces Protection Order applies. It is the responsibility of each owner to ensure that dog fouling is removed and disposed promptly in public litter bins, or taken home and put in household bins. If a dog is not on a lead and watched closely, fouling is easily missed, particularly when there are leaves on the ground at this time of year. This poses a serious health threat to people, and in particular, children in your community.

It is an offence to fail to pick up after your dog fouls, and to have it off a lead, in certain areas. Owners are encouraged to ensure they exercise their dog considerably and keep them under control at all times when in public.

Further information on dog-related matters, or to see the full Order, can be found on <https://www.eden.gov.uk/environment/dogs/dog-fouling/>

Local Government Boundary Commission Review

A public consultation has been launched to help shape new council wards for Westmorland & Furness Council. The Boundary Commission wants to hear people's views on where they live, to help make sure that the new wards reflect the size and shape of local communities.

An electoral review is being carried out to make sure that the wards they represent reflect community identities.

Residents can provide their views via the Commission website at: www.lgbce.org.uk/all-reviews/westmorland-and-furness The consultation ends on 4th November 2024.

The Commission will use local views to help draw up their proposals for new ward boundaries.

Appleby Edibles

Come and grow with us!

Who are we?

An inclusive group of gardening and nature enthusiasts who like to grow fruit and veg, socialise, and share skills in pleasant surroundings. Our members are of all ages and abilities, and we are happy to welcome members with health challenges. We enjoy a strong sense of connection with the environment.



Where are we?

At the far end of the former Appleby Heritage Centre site (near the railway station). There is free parking adjacent to the garden.

When are we open?

Please come and visit us Tuesdays and Saturdays 10-12. When you join Appleby Edibles you come up and garden whenever you like.

Enquiries to Karen West (Chair) 07974 759136, Annie Weir (Secretary) 07919 542143, or email us at applebyedibles@hotmail.com

Community Transport

(Supported by Westmorland and Furness Council)

Community Wheels service

This service continues to operate on Fridays into/out of Appleby - to join the Community Wheels scheme, please call 01228 226430.



Voluntary Social Car Scheme

This Scheme offers transport for a small charge to anyone in the community of Appleby and District who needs it (under 18s must be accompanied). To use this service please contact Valerie Kendall, Scheme Co-ordinator, on ☎017683 53159. **N.B. You may have to leave a message. If you do, be sure to leave your telephone number or other way of contacting you!**



Appleby Clubs, etc.

Appleby in Westmorland Society

Sunday 17th November at 1:30pm in the Public Hall Supper Room, titled: "Stone Walls"

Appleby Archaeological Group

Wednesday 13th November at 7:30pm in the Public Hall Supper Room, titled: "Gamelands Stone Circle"

The Arts Society, Appleby

Wednesday 13th November 10:30am in the Public Hall Supper Room, titled: "Prehistoric Orkney" by Gillian Hovell

Appleby Evergreens

Evergreens in the Public Hall Supper Room from 2 - 4 pm (generally on alternate Mondays), i.e. 11th and 25th November.

Appleby Rainbows, Brownies and Guides

Our team at Appleby Friends of Guiding and our leaders make everything run really smoothly. However, we are in need of more volunteers to help with our thriving units. We particularly need volunteers for Rainbows on Thursday 5:00 - 6:15pm and Brownies Wednesday from 5:00 - 6:15pm. We are looking for people who could help either on a weekly basis or regularly on a rota basis. You may be 18-20 and looking for some experience of working with children to help with your future career, or have a daughter at one of the groups and could be involved, we would welcome any younger/older siblings to join you, or a grandparent or trainee grandparent who has time and a wealth of experience to offer. If you feel you are able to support our units or want to come along and find out more, please contact me directly at kath1nunn@gmail.com Kathryn Nunn



Chair Appleby Friends of Guiding



JOIN US



Meeting times:

1st Appleby Rainbows (age 5-7) Thursday 5:00-6:15pm

2nd Appleby Brownies (age 7-10) Wednesday 5:00-6:45pm

1st Appleby Guides (age 10+) Wednesday 6:15-7:45pm

We are always on the look out for adults to become a leader with any of these groups.

Message the group for more information:

kath1nunn@gmail.com

or Appleby Rainbows, Brownies and Guides

1st Westmorland Scout group

We're still recruiting:

Beavers (6-8yrs)	alternate Thursdays
Shap Beavers	Tuesdays
Morland Cubs (8-10½ yrs)	alternate Thursdays
& Scouts (10-14yrs)	times on application.

We create stronger communities and inspire positive futures, by providing fun, friendship and adventure. Join as a young person or volunteer and help young people gain skills to succeed.

Contact: /WhatsApp 0333 339 3710, or <https://edenscouts.org.uk>

1stwestmorland@edenscouts.org.uk

Appleby Hub Patchworkers

Hub cafe in Appleby 10-12 on Thursdays - free and everyone is welcome. If anyone has any queries please contact jane.farkins@right2work.org.uk

Highlights

Friday 8th at the Hub 7.30pm Moscow Drug Club

Imagine wandering into the darkness of an eastern European cobbled street, and stumbling into a bar where Django Reinhardt and Tom Waits are having an after hours jam with the locals! An intoxicating and curious musical place, Moscow Drug Club combine their original material with songs by the like of Jaques Brel, Leonard Cohen and Eartha Kitt. An exciting night out guaranteed!



Friday 29th at Appleby Public Hall 7.30pm Mohand and Peter

A back flip in time, a quick hop back home, with humour and visual poetry, Mohand and Peter will take you on a road trip through Sudan. Bouncing on one of the toughest international news events of the decade, two brave clowns fight horror with laughter and build a magnificent pedestal for Mohand's home country. 'A glorious celebration of Sudan and friendship across cultures.' (Everything Theatre)



Tickets for either of the above: 017683.52902 www.highlightsnorth.co.uk

Lights...Camera...Appleby

One Life (PG) Saturday 16th November 2024

This is the true story of Sir Nicholas Winton who rescued 669 children from the Nazis in the months leading up to WW2 through the "Kindertransport" scheme. A forgotten chapter in history is powerfully recreated in this profound drama in which Antony Hopkins delivers a moving and nuanced portrayal of wartime heroism and its emotional toll.



As this is a fundraiser for Ukraine, we will be serving a chunky Borscht (beetroot soup). This popular soup in Slavic countries, is reputed to have originated in Ukraine will be served with sour cream and accompanied with black (rye) sourdough bread and a medley of Appleby Creamery cheeses. **Please book food tickets well in advance to avoid disappointment.**

Tickets £12 for food and film. Film only tickets, £4. **Doors open 6pm, food served 6.15-6.30pm.** Film screening at 7pm. Pay bar, raffle and interval ice-cream from the Jersey Ice Cream Farm, Melkinthorpe.

Tickets from **Appleby Tourist Information Centre** or the **Courtyard Gallery, Appleby.** For further information please tel. 07921489611 or email applebyremotecinema@btconnect.com

Memory Club in Appleby

The meeting on Wednesday 13th November will be held in Sands Methodist Church Hall 10.30am - noon.

An outing has been arranged for Wednesday 27th November, consequently, there will not be a meeting at Sands on that date.

All are welcome, particularly those with memory loss. There will be light refreshments, games, crafts, music and singing. For further information please contact:-

Anne 017683 51219

Tim 017683 52640

Probus Club

If you enjoy a good meal and interesting conversation, perhaps you might like to consider joining the Appleby Probus club.

The Appleby Club is strictly non-political, non-denominational, gender-neutral, and does not raise funds. It is currently seeking new members!

You might also like to know that the club also runs occasional outings such as trips to the theatre or sporting events. As an example, we recently visited the Carlisle Airport museum.

If you think that any of this might interest you, please drop a line to either Ian Rudd at ian.rudd70@icloud.com or Adrian Marsh at adrian.marsh@live.co.uk

Appleby Rotary Club

Appleby Rotary Club is supporting Physionet, a UK based humanitarian organisation dedicated to helping some of the most marginalised people in the world by supplying children and adults with disability equipment considered surplus or redundant in the UK. Physionet supplied almost 8000 items of physiotherapy, paediatric equipment, wheelchairs, mobility items and some hospital hardware that would have normally ended in landfill.

If you have any surplus/redundant equipment please contact us and we will arrange collection.

Alastair Bell - Appleby Rotary Club on atbell@btinternet.com or 07970597536 / 017683 51547

Villages

Asby

Wed 6th - 7.30 pm, Asby Fellowship, The Hollies, Asby: Andrew Sterling

Thurs 14th - 12.00 noon, Asby Lunchers*, Three Greyhounds (main course and a drink £7.50, dessert £2.50). Let them know you are coming

Wed 20th - 7.30 pm, Asby Fellowship, The Hollies, Donald Marston

*new name for Diners!

Brampton Village Hall

Tues. 5 th	7pm	Book Club
Wed. 6 th	7:30pm	Brampton Ladies
Wed. 13 th	7pm	Eden Valley Woodturners
Thurs. 14 th	6:30pm	Table Tennis
Tues. 19 th	7:00pm	John Gravett Photos & slideshow
Wed. 20 th	7:30pm	Village Social
Thurs. 21 st	6:30pm	Table Tennis

Colby Village Hall

Usual coffee morning Monday 18th November, 10:30 - noon

Dufton Village Hall

Regular weekly events:-

Monday 10.45 -12.30- coffee club (meet at Postbox Pantry Easter to October).

Wednesdays 10 -11.45 - yoga with Jo Chapman

Play group on Fridays in term time only 9.30 -12.00 -

Special events:-

Sat. 9th, 10am-12:30pm - Coffee morning in aid of St Cuthbert's Church at the Village Hall

Knock Mission Room

Sat.30th - 10:30am "Great Knock Bake Off" - Donations on entry and prize for the winning cake!

For enquiries about hiring the Mission Room, please email knockmissionroom@gmail.com. For booking events, contact Steve Charlton on 07432671699



Long Marton

Carpet bowls, 2nd & 4th Wed 2-4, good fun upstairs in the warmth and out of the rain!! Details Vicky ☎01931.715810

Craft and chat, Thursday evenings - details from Nicola ☎62301

Local History: details from longmartonlocalhistorygroup@gmail.com

Community coffee, books and chat...and bacon butties...Saturday, Nov 9th from 10.30 to noon. A warm welcome to one and all.

Tues. 19th 7.30pm, Jazz Night - An evening of jazz on CD & vintage records. No charge. Bring a bottle. ☎017683.62642 for details

Sunday 24th November 11am to 3:30pm Christmas Market Stalls available at £6. Details from Vicky ☎01931.715810.

If you are thinking of setting up a new activity, rates are from £6 per hour. Don't forget to consider the hall when thinking about a party or family gathering. Any enquiries please contact Christine at bookingslongmartonvi@gmail.com

Milburn

Village coffee mornings first Saturday of each month (2nd November). Church coffee mornings third Saturday of each month (16th November), both 10:30 to noon.

Ormside

Thank you to everyone who came along to the Big Breakfast on Saturday. Thanks to your support and generosity, we raised a whopping £250!!! Also to everyone who came along to support

the Macmillan Coffee Morning the other week, which raised £160 for the charity!

Village hall coffee mornings are the 2nd and 4th Wednesdays (i.e. 13th and 27th November) from 10.30 till noon.

Craft Night is on the third **Tuesday** of the month (i.e. 19th November) at 7.30 pm.

Country Dancing is the second and fourth Mondays of the month, i.e. 11th and 25th November

Cheese and Wine 30th November, 7:30pm. £8 - Cheese and first glass of wine free.

Fancy a game of Ping Pong?! We have a table tennis table at Ormside Village Hall. It's available to hire, at £6 per hour, including use of the hall for an hour, 4 bats and balls or BYO equipment. To book ring ☎07759011555

Temple Sowerby

Information on clubs, events, sports and exercise classes held in the village can be found on the website which is <https://templesowerbyvillage.co.uk/>

Coffee Morning is 10am - noon on the 1st and 3rd Tuesdays of the month (5th and 19th November) at the Victory Hall. All are welcome.

Warcop - Parish Hall

Mondays 6:30 - 8 Table tennis club

Wednesday 3rd 7:30 pm Warcop & Sandford WI

Thursday 7th 11:30 - 1 Monthly Soup and Pud. Admission £7.00 including soup, pudding and hot drink. Come and join us for some lovely food and great company!



Saturday 9th 10 - 11:30 Coffee Morning. Tea, coffee and biscuits, plus bacon or Sausage rolls (vegetarian alternatives) and scones for purchase. Please come along for some convivial chat! Everyone welcome.

Thurs./Fri. 14th-15th at 7pm, matinee on Saturday 16th at 2pm Warcop Parish Hall and Warcop Amateur Dramatics present Cinderella and Her Cat. A pantomime by Hayley Nunn via LazyBeeScripts.



Get the Christmas feeling started with a fabulous couple of hours of cheering and boing! Refreshments available, Raffle Tickets: £6 adult / £3 children (U16) To book tickets, please contact the following: Carol White - 017683 53450 / carolwhite1@onetel.com Nikki McDowall - 07739 312023 / nikkimcdowall@outlook.com

Thursday 21st November Remote Cinema

Wicked Little Letters (15), Starring: Olivia Colman, Jessie Buckley and Timothy Spall

When conservative Edith and fellow residents begin to receive wicked letters full of hilarious profanities, their rowdy neighbour Rose is suspected of the crime. Set in the 1920s and based on a true story of warring neighbours.



Please note that this film contains bad language.

Doors open 7.15pm Screening: 7.30pm

Adults: £5.00 Children under 16: £3.00

Refreshments available during the interval

Friday 22nd November, Prize Bingo - eyes down 7.30pm £1 / book, includes Refreshments

Free game for children during interval

Raffle - Donations for prizes and hamper items will be much appreciated and can be left at the Thursday coffee mornings.

St James the Least of All

On why the C of E should never combine parishes

The Rectory

My dear Nephew Darren

I suppose it had to come, but combining parishes is now firmly on the agenda for our villages.



I had always wondered what the first Earl of Stowe was trying to prove, building a church here in 1347 to accommodate 800 people when the total population has never exceeded 250. In the short term - which in this village is measured in centuries - it seems to have been to house the tombs of his 13 successors. I now realise it was to make uniting with adjoining parishes in the 21st century more difficult. Clearly the first Earl had formidable foresight. None of our neighbouring churches seem too keen to share their reserves to help maintain our cathedral-sized building.

The threat of the closure of St Herve the Bard has, inevitably, caused outrage - not so much from its regular congregation of three, but from all those in the village who would never think of attending. People do so like to have a church not to go to.

The church of St Bregowine, built by a wealthy parishioner in the 19th century because she did not like the high church practices of the parish church of St Iwig, is refusing to re-unite, even though the two churches stand only 100 yards apart, in a village with a diameter of 300 yards. If only they could get over the trauma of seeing the incumbent putting water in the wine on Easter Day in 1894.

(Although it must be conceded that the Bregowinians were equally affronted that when the daughter church opened in 1895, they found that the Iwigers had provided no brass troughs at the end of the pews for umbrellas. That they have subsequently refused to install them has only compounded the offence.)

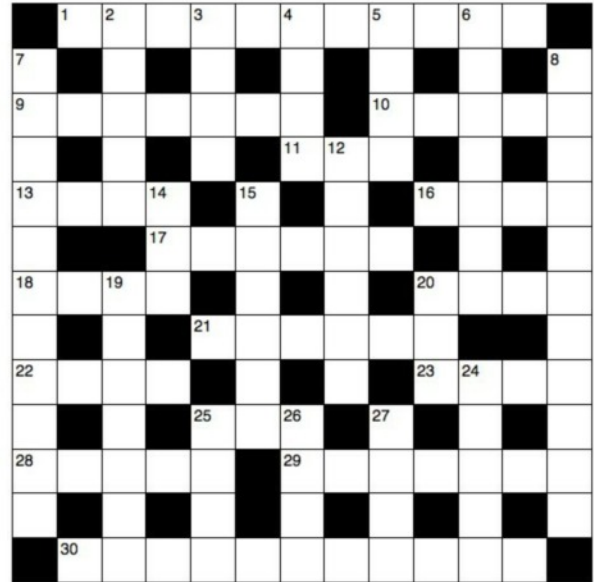
Meanwhile St Plegmund is in discussions with the Church of South India as a way of avoiding uniting with anyone. Should it happen, I will be interested to see what travelling expenses the new incumbent claims. It will be difficult to tell when the present incumbent resigns, as he has not been seen at a clerical meeting for the last 30 years. Some of my colleagues suspect he is mythical, that a bloodless coup took place in the 1980s and that the church is now entirely run by the Mothers' Union.

The church of St Maximus of Constantinople in our nearest town has rather grandly offered to take all of our churches under its wing, but as a parishioner has pointed out: how could we possibly consider joining with a parish that fought on the other side at the Battle of Bosworth in 1485.

In the meantime, we will serenely carry on, as we seem to have done for the past six centuries; parish mergers and reductions in numbers of clergy seem to be of less interest than debating the suggestion that we change the brand of coffee served after Services.

Your loving

Uncle Eustace



Monthly Crossword (solution p.13)

Across

- 1 In David's battle with the Arameans, 700 of these were killed (2 Samuel 10:18) (11)
- 9 'No - , impure or greedy person has any inheritance in the kingdom of God' (Ephesians 5:5) (7)
- 10 City on the banks of the River Nile (5)
- 11 Stamped addressed envelope (1,1,1)
- 13 Taverns (4)
- 16 'Be on your guard; stand - in the faith' (1 Corinthians 16:13) (4)
- 17 'He will not always - , nor will he harbour his anger for ever' (Psalm 103:9) (6)
- 18 and 27 Down Where the magi came from and what guided them (Matthew 2:1-2) (4,4)
- 20 Ancient Celtic alphabet of 20 characters (4)
- 21 She married Esau when he was 40 years old (Genesis 26:34) (6)
- 22 A great-grandson of Noah (Genesis 10:7) (4)
- 23 Title accorded to certain Roman Catholic clerics (abbrev.) (4)
- 25 'My house will be a house of prayer; but you have made it a - of robbers' (Luke 19:46) (3)
- 28 Annie (anag.) (5)
- 29 Plead with (Zechariah 7:2) (7)
- 30 Tenth foundation of the new Jerusalem (Revelation 21:20) (11)

Down

- 2 'We have a building from God, an eternal house in heaven, not built by - hands' (2 Corinthians 5:1) (5)
- 3 Uncommon excellence (Proverbs 20:15) (4)
- 4 'You have exalted my horn like that of a wild ox; fine - have been poured upon me' (Psalm 92:10) (4)
- 5 - Homo ('Behold the Man') (4)
- 6 'He has given proof of this to all men by - him from the dead' (Acts 17:31) (7)
- 7 'Our - is in heaven' (Philippians 3:20) (11)
- 8 'This is a day you are to - ' (Exodus 12:14) (11)
- 12 Assault (Psalm 17:9) (6)
- 14 'Jesus found a young donkey and - upon it' (John 12:14) (3)
- 15 Liverpool dialect (6)
- 19 'Remember the - day by keeping it holy' (Exodus 20:8) (7)
- 20 Nineteenth-century German physicist after whom the unit of electrical resistance is named (3)
- 24 Nazirites were not allowed to eat this part of a grape (Numbers 6:4) (5)
- 25 'If anyone would come after me, he must - himself and take up his cross and follow me' (Mark 8:34) (4)
- 26 Evil Roman emperor from AD54 to 68, responsible for condemning hundreds of Christians to cruel deaths (4)
- 27 See 18 Across

HYMN: The story behind 'To God be the Glory!'



To God be the glo - ry great things He hath done

Fanny Crosby (1820 - 1915), the American singer and musician, was blind from the age of six weeks. She married her music teacher, Alexander Van Alstyne, who was also blind. She was a prolific song-writer, and once signed a contract with a publisher to write three songs every week throughout the year. But in fact, she wrote thousands during her lifetime.

Although American evangelists Moody and Sankey used this hymn on their missions, it did not become an immediate favourite. But after Billy Graham featured it in his Harringay crusade in 1954, Londoners were soon singing it on their way home, in streets and busy queues and underground trains.

When Dr Graham took it back to the United States and introduced it at his crusade in Nashville, Tennessee, it soon took its place in the group of top favourites hymns.

To God be the glory, great things He hath done,
So loved He the world that He gave us His Son,
Who yielded His life our redemption to win,
And opened the life-gate that all may go in.

**Praise the Lord, praise the Lord,
Let the earth hear His voice;
Praise the Lord, praise the Lord,
Let the people rejoice;
Oh, come to the Father, through Jesus the Son,
And give Him the glory; great things He hath done.**

Oh, perfect redemption, the purchase of blood,
To every believer the promise of God;
The vilest offender who truly believes,
That moment from Jesus a pardon receives.

Great things He hath taught us, great things He hath done,
And great our rejoicing through Jesus the Son;
But purer, and higher, and greater will be
Our wonder, our transport when Jesus we see.

By Fanny Crosby (1820 - 1915)

Eleanor of Aquitaine, by the Wrath of God Queen of England

Friends of Penrith Museum October 1 talk on Eleanor of Aquitaine, given by Neil Hannah, reported by Valerie Kendall

'By the Grace of God' is the more usual version, but Eleanor of Aquitaine, to whom it refers, was in modern parlance 'quite a girl'.

Proceeding to illustrate his choice of title, Neil Hannah regaled his audience at the October meeting of The Friends of Penrith and Eden Museum with a fast-moving talk on this singular lady illustrated with slides and quotations.



The background to the life of Eleanor of Aquitaine was medieval Europe, very different to what we know today. There were few defined countries as such, with some monarchs ruling over smaller territories than some of their noblemen. Such was the case in France, where the province of Aquitaine covered a vast area. William, the tenth Duke, paid a fee of one falcon a year to King Louis VI, known as 'Fat Louis', for possession of Aquitaine. When Duke William died in 1137 followed in the same year by his son, Eleanor as his elder daughter inherited his vast lands and fortune, making her the most eligible heiress in Europe at the age of 13, indeed still a girl. In the same year she married Louis, heir to Louis VI of France. When he died Eleanor's husband succeeded him. Thus at the

tender ages of eighteen and fourteen Louis and Eleanor became King and Queen Consort of France.

In 1147 Eleanor gave birth to a girl and in the same year the Pope called for the Second Crusade, for which Louis and Eleanor put up half the funding. To give some background, Crusades of which there were eventually a total of nine, were called by the Popes of the time against Muslims, Germany and Spain plus any lay Christian powers who threatened the papacy or Catholic unity. 'What was known as The Holy Roman Empire was neither holy, nor Roman nor an empire' was the opinion of speaker Neil Hannah. Louis and Eleanor weren't just content to give funding, they took an active part in the Second Crusade, Eleanor according to some accounts not riding decorously side-saddle as befitted a lady, a royal one at that. Even then she was showing she was a force to be reckoned with.

After the Crusade failed, Eleanor gave birth to another daughter, it being rumoured that she was having an affair with an uncle. This, plus Louis' need for a male heir to the French throne, increased previously strained relations between them even further. Eleanor petitioned the Pope for an annulment, despite fifteen years of marriage and two daughters. She was initially unsuccessful but eventually succeeded in 1152, quoting grounds of consanguinity, being a cousin three times removed of Louis, a reason which would not be valid today. She lost her crown and her children but retained possession of her lands and castles. Two months later she married another French nobleman, Henry of Anjou, also known as Henry of Normandy. He was aged eighteen, Eleanor was aged thirty; in 1154 her husband became Henry II, King of England and together they began the Angevin or Plantagenet Dynasty. They had eight children - five sons and three daughters - and for two decades Eleanor played an active role as Queen of England, travelling between their territories in England and France.

Henry sought to curb the powers of the Church, particularly Thomas Becket, Archbishop of Canterbury, reputedly saying 'Who will rid me of this troublesome priest?' Four of his nobles took him at his word and murdered Thomas in Canterbury Cathedral. It is said that Hugh de Morville, one of the knights who for a time resided in Pendragon Castle sometimes thought he saw an image of Thomas in the clouds over Mallerstang Fell.

Eleanor was involved in two intrigues against her husband, the first with the support of her former husband Louis plus other European rulers. The second was in support of three of her sons - Young Henry, Richard and Geoffrey. Their father quelled this uprising and pardoned all the participants with the exception of Eleanor whom he confined to house arrest, seemingly finding this second act of treachery by his wife too much to forgive.

On the death of his father fifteen years later in 1189, Richard became King and pardoned his mother then headed off on the Third Crusade. In his absence (he was only in England for five months of his 10-year reign, spending his time either crusading or defending Angevin lands in France) Eleanor, now in her sixties but still formidable ruled England as co-Regent, playing her part in negotiating Richard's release when he was taken prisoner in Germany on his way home.

When Richard died in 1199, Henry and Eleanor's second son John succeeded him. John had paid the Germans to keep his brother prisoner to allow him to take over the kingdom; nevertheless Eleanor supported him after Richard's death though by now playing a much-reduced role in the affairs of the kingdom. She died aged 82 in 1204 as the Angevin Empire collapsed around her and was buried next to Henry in France.

So why did chroniclers of the time describe her as Queen of England by the wrath, not the grace, of God? Despite being what we would nowadays see as a schemer on an international scale, she must surely rank as one of the outstanding women of history alongside Boadicea, Elizabeth I and even our own local Lady Anne Clifford. Her detractors were all men. (ends)

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"DO AS I HAVE DONE FOR YOU."
The disciples had met with Jesus in an upper room to share a meal together, but there were no servants to wash their dusty feet. Jesus got up from the table, took off his outer clothing, wrapped a towel around his waist and began to wash the disciples' feet just like a servant would do.

Then Jesus said:
"Do you understand what I have done for you? Now that I, your Lord and Teacher have washed your feet, you also should wash one another's feet. I have set you an example, that you should do as I have done for you."

READ the story in **John 13:1-17**

By washing his disciples' feet, Jesus showed that as God's people we are never too important to serve and care for others.

WASHING FEET

S C L O T H I N G S
N U N D E R S T A N D T
G S W I P E T E R E W R
W D A U A S E R V A N T A E H M
A O R P S C L E A N X O T X O A
I U M P H I J E S U S W E A T S
S F E E T P A S S O V E R M H T
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C D A N M E A L O V E D E W
C H O S E N F S
F E A S T

JESUS
DISCIPLES
PASSOVER
FEAST • SUPPER • MEAL

PETER
SCRIPTURES
LORD • TEACHER
SERVANT • MASTER
GARMENTS • CLOTHING • TOWEL • WAIST • WATER • BASIN • WASH • FEET • WIPE
CLEAN • UNDERSTAND • OTHERS • EXAMPLE • DO • LOVED • CHOSEN • BLESSED

Bible Bite A short story from the Bible

The Roman invaders had given the job of collecting their taxes to local Jews who also overcharged, so they were doubly hated.

It can be read in the Bible in Mt 9:9-13, Mk 2:13-15, Lk 5:27-32

Matthew had his tax office by Lake Galilee.

Jesus walked past, and said "Follow me"

Matthew left everything and went with Jesus.

Matthew held a big feast and invited his friends so they could meet Jesus.

The Pharisees saw Jesus eating with them.

They were other tax collectors and bad people

They grumbled to Jesus' disciples.

Jesus heard them and said "Who needs a doctor, healthy people or the sick?"

Try reading 'keeping rules doesn't make up for not having kindness.' *
*Hosea 6:6

Hosea was talking about people who looked like they were following God's rules but were bad inside.

I have come for the people who need my help.

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For help claiming Universal Credit: 0800 1448 444
For all other enquiries: 0808 278 7844

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07539144225

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- Do you know of someone who just needs a friend?
- Do you want to volunteer or find out more?

WHO ARE WE?

- Linking Lives brings people together to support socially isolated people through home visits, telephone calls and engagement in social events and activities in the community.
- We make weekly visits or phone calls to enable volunteers to make a significant difference to the lives of people.
- We receive referrals from local organisations, friends and family members. Volunteers are fully vetted, interviewed, trained and linked up with someone matching their interests and personality.

For more information, to volunteer or to refer someone please email
penrith@linkinglives.uk call us on 0795 173 8540 or visit our website www.linkinglives.uk/



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Telephone : 017683 51569**



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Chimney and domestic oven cleaning services.
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For prices and booking please contact Tanya on
07444 240337 / 01768898752
email: LadyMuckEdenValley@gmail.com

Appleby Guide Hut



For Hire

£12 per hour

Suitable for: one off events or regular meetings e.g. children's birthday parties, workshops, day and evening courses.

Facilities: Clean, bright, warm hall with toilets, fully equipped kitchen, stage, disabled access and toilet.

Contact: Pam Sharples - Pam.sharples@outlook.com 0756234560
or Kathryn Nunn kath1nunn@gmail.com 07717841723

All hire fees go towards supporting Appleby Rainbows, Brownies and Guides

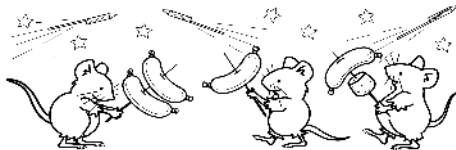
EAT

If you enjoy a good meal and conversation you might like to consider joining Appleby Probus.

A Probus club is a local association of retired and semi-retired professional and business people that meets monthly for lunch and fellowship. The Appleby Club is strictly non-political and gender-neutral. It is currently seeking new members!

If you think that any of this might interest you, please drop a line to Adrian Marsh at adrian.marsh@live.co.uk

TALK




Drop in free cafe

Renew Wellbeing Eden

*Relaxed space for everyone
Games, crafts, chat
followed by soup*



**Every Friday
9:30-2
in Supper Room
Market Hall**



A wonderful opportunity for us all -
We are delighted to announce we are doing an
ecumenical service in June for

Young and Old

To gain Membership of the Methodist Church To get Confirmed into the Church of England

Are you interested?

Please contact Rev Andrew Sterling (Methodist)
andrew.sterling@methodist.org.uk

or



The Good Book Club

Reading the Bible for ourselves

A safe place to share thoughts and questions
while learning from each other

Every Wednesday

12.30 – 2pm

**Memorial Hall
Kirkby Thore**

We also have a light lunch together

Everyone is welcome

Affected by Cancer?

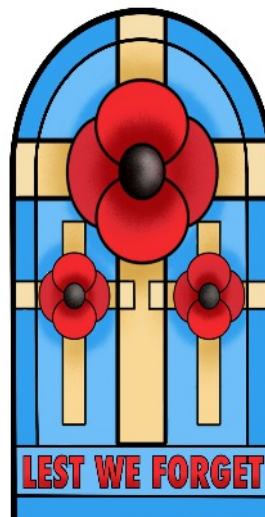
Appleby & District Cancer Support Group invite you to **come for Coffee** and a Friendly Chat

We meet on the 3rd Monday of the month (excluding Bank Holidays) from 10am to 12 noon in **The Library**, Low Wiend, Appleby CA16 6QP

For further information phone:

Rosie on ☎017683 52263 or

Jackie on ☎017683 52277



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 2192 Appleby Grammar School Sqn ATC

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Squadron has to offer you

... it isn't just marching!

Church Services for November 2024

Church of England

St. Lawrence, Appleby

Fri.	1st	10:00	Holy Communion
Sun.	3rd	09:00	Holy Communion
Sun.	3rd	10:45	Morning Worship
Sun.	3rd	15:00	All Souls service
Fri.	8th	10:00	Holy Communion
Sun.	10th	10:45	Remembrance Service
Fri.	15th	10:00	Holy Communion
Sun.	17th	10:45	Holy Communion
Fri.	22nd	10:00	Holy Communion
Sun.	24th	10:45	Holy Communion
Fri.	29th	10:00	Holy Communion

St. Peter, Asby

Sun.	3rd	18:30	Holy Communion
Sun.	10th	10:45	Lychgate service, then united at Baptists
Sun.	17th	18:30	Holy Communion
Sun.	24th	18:30	Evening Prayer

Boroughgate, St. Anne

Mon.	4th	19:00	Compline
Tue.	5th	09:00	Holy Communion
Mon.	18th	19:00	Compline
Every other Tuesday		09:00	Matins

Dufton St. Cuthbert

Sun.	10th	15:00	Remembering Service
Sun.	24th	10:30	Holy Communion

Kirkby Thore, St. Michael

Sun.	3rd	10:00	Breakfast church
Sun.	10th	10:30	Morning Prayer
Sun.	17th	10:00	Breakfast church
Sun.	24th	10:30	Holy Communion

Long Marton SS. Margaret & James

Sun.	10th	10:30	Holy Communion
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Milburn, St. Cuthbert

Sun.	3rd	10:30	Holy Communion
Sun.	10th	10:30	Holy Communion
Sun.	17th	10:30	Holy Communion
Sun.	24th	15:00	Advent Carols (+ wine & nibbles)

Murton, St. John

Sun.	24th	15:00	Evening Prayer
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Musgrave, St. Theobald

Sun.	24th	10:00	Holy Communion
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Newbiggin, St. Edmund

Sun.	3rd	10:30	Holy Communion
Sun.	24th	16:30	Patronal Festival
Evensong			

Ormside, St. James

Sun.	3rd	10:00	Matins
Sun.	10th	10:00	Holy Communion
Sun.	17th	10:00	DIY
Sun.	24th	10:00	Holy Communion (BCP)

Temple Sowerby, St. James

Sun.	17th	10:30	Holy Communion
Warcop, St. Columba (both at Village Hall)			
Sun.	6th	10:30	Songs of Praise
Sun.	20th	10:30	All Age Worship

Methodists

10th 18:30: Connexion Service at Newbiggin-on-Lune

Sands, Appleby

Sun.	3rd	10:30	All Age Worship
Sun.	10th	10:45	United @ Parish Church for Remembrance
Sun.	17th	10:30	Revs. G. & R. Crippen
Sun.	24th	10:30	Rev. Andrew Sterling (HC)

Dufton with Knock

Sun.	3rd	10:45	Rev. Jackie Betts
Sun.	10th	10:45	Mrs. Jacky Ousby
Sun.	17th	10:45	Informal Service
Sun.	24th	10:45	Mrs. Joyce Worsfold

Warcop

Sun.	3rd	10:30	Mr. H. Hutchinson
Sun.	10th	10:30	Rev. Andrew Sterling at Parish Hall
Sun.	17th	10:30	Informal Service
Sun.	24th	15:00	Donald Marston

Roman Catholic Church of Our Lady of Appleby Confession Sundays at 3:30pm. Masses on Sundays at 4pm, followed on the first Sunday each month by tea and refreshments. Tuesday mass at noon,

